



## Mid-Bergen Center, Paramus

610 Valley Health Plaza

Paramus, NJ 07652

Phone (201) 265-8200

**Note: Workshops are held in the “Conference Room”**

### FROM THE NORTH:

GARDEN STATE PARKWAY SOUTH to EXIT 165 Ridgewood Avenue/Ridgewood EXIT. At second traffic light, turn left onto Winters Avenue. Turn right onto Valley Health Plaza. Care Plus NJ, Inc. will be on your left. Grey Building with Blue Trim.

### FROM THE SOUTH:

GARDEN STATE PARKWAY NORTH to EXIT 163, onto Route 17 North. Travel about 2 miles past Paramus Park Mall. When you see the LUKOIL gas station, make first right onto Park Place at NORTON Paints. Turn left at first corner, Valley Health Plaza. Care Plus NJ, Inc. will be on your right. Grey Building with Blue Trim.

### FROM THE WEST:

Take ROUTE 80 to ROUTE 17 NORTH, and travel past the Paramus Park Mall. Just after you pass a LUKOIL gas station, turn right onto PARK PLACE at Norton Paints. Turn left at first corner, Valley Health Plaza. Care Plus NJ, Inc. will be on your right. Grey Building with Blue Trim.

### FROM THE EAST:

Take ROUTE 80 to ROUTE 4 WEST to ROUTE 17 NORTH, and travel past the Paramus Park Mall. Just after you pass a LUKOIL gas station, turn right onto PARK PLACE at Norton Paints. Turn left at first corner, Valley Health Plaza. Care Plus NJ, Inc. will be on your right. Grey Building with Blue Trim

### PARKING:

Available on-site or across the street in the Children's Museum Parking Lot.