TRANSFORM THE WAY YOU WORK WITH FAMILIES!

Earn the Family Development Credential
from the Institute for Families

FDC TRAINING NOW OPEN TO ALL FRONTLINE WORKERS!
Originally available only to Abbott district family workers, this 90 hour training is designed to enhance participants’ knowledge, baseline competencies and skills needed to empower families to attain a healthy level of self-reliance within their communities.

KEY TOPICS INCLUDE:
- Helping Families Set and Reach Goals
- Cultural Competency
- Conducting Strengths-based Assessment
- Home Visiting
- Facilitation Skills for Family Conferences, Support Groups and Community Meetings
- Collaborating with Other Agencies

Family Development Credential Program
Institute for Families, School of Social Work
Rutgers, The State University of New Jersey
732.445.3178 ext. 151 jvizcaino@ssw.rutgers.edu  www.njfamilydev.org
Welcome to the Fall/Winter 2009 Continuing Education Catalog from the Institute for Families, Rutgers School of Social Work. We are proud and excited to offer you this catalog, full of interesting, diverse and relevant workshop offerings.

At the Institute for Families, we seek to meet the educational needs of busy professionals working in a wide range of fields and practice settings. We hope that the combination of our new workshop selections and career-building certificate programs continue to challenge and to inspire your practice. Our goal in this edition is to draw from the wide expertise of our faculty, to provide workshops in a variety of locations, and to offer a special sensitivity to current economic constraints.

We appreciate the opportunity to serve the human service professionals who entrust us with their career development. We strive to keep our partnership vibrant, rewarding, and ultimately of service to those most in need.

We thank you for making us the largest university-based program of its kind in the country, with over 30 years of experience and over 200 workshops a year at multiple sites. We are also pleased to serve you by providing customized on-site training to agencies throughout the state of New Jersey.

Thank you for the work you do and for trusting us with your continuing education needs. We look forward to seeing you this fall!

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Note: Clinical and non-clinical workshops are now listed under their subject area. Subject areas are listed alphabetically.
We are offering our own “stimulus Discounted Workshops!” in economic times with a series of low-cost workshops. Each workshop below is only $50.

Developing Community-Based Arts Projects to Build Bridges (See page 22)
Prison Break: Working with the Criminal Justice Client (See page 10)
Suicide Bereavement: Impact on the Family and Therapist (See page 10)
“From the White Side of the Line” — How White Social Workers Can Build More Effective Alliances Across the Racial Divide (See page 10)
Program Evaluation — An Opportunity, Not a Burden (See page 20)
Effective Writing for Human Service Professionals (See page 11)

**Special Notices**

**School of Social Work Institute for Families**
Office of Continuing Education
Building 4161, Livingston Campus
Rutgers, The State University of N.J.
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Piscataway, NJ 08854-8045
Phone: 732.445.3178
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Website: https://ssw-web.rutgers.edu/ssw/ce/

All workshops are approved for 5 continuing education hours (CEH), unless otherwise noted, by the:
NJ Board of Social Work Examiners
NJ Dept. of Education (approval code 1965)
Pennsylvania State Board of Social Workers, Marriage & Family Therapists, and Professional Counselors
National Board for Certified Counselors (provider 6389)

The Rutgers School of Social Work is a National Board for Certified Counselors (NBCC) Approved Continuing Education Provider and may offer NBCC approved clock hours for workshops that meet NBCC requirements. The Rutgers School of Social Work is solely responsible for all aspects of the workshops. (NBCC provider number 6389).

Addictions workshops are appropriate for LCADC and CADC recertification/renewal [N.J.A.C. 13:34 c-53]

**DISCOUNTS!**
When you enroll in three workshops or more, you automatically qualify for a 10% discount. We also offer a discount of 10% to Rutgers alumni, staff, field instructors, and students!

**Recession Busters — Discounted Workshops!**
We are offering our own “stimulus package” for you during these tough times.

**Leading Expert to Conduct Training on Problem Gambling**
We are excited to offer this clinical workshop on a problem area that is frequently under recognized and undertreated. This intensive 30-hour training is led by a leader in the field of treating problem gambling. Joanna Franklin MS, NCRC II, has worked with several state governments, the casino industry, the racing industry, several state lotteries, the FBI, CIA, the US military, and the Pentagon. She has presented clinical training programs in over 42 states, for over 30 tribal nations, 10 Canadian provinces, and eight other nations on five continents.

A much sought-after trainer, Ms. Franklin has designed and implemented clinical training programs since 1980 and is currently co-chair of the International Gambling Counselor Certification Board, president of the Institute for Problem Gambling, president of the Maryland Council on Problem Gambling, secretary of the Association of Problem Gambling Service Administrators, and on the Board of Directors of the National Council on Problem Gambling. For workshop details see page 12.

**Financial Social Work Workshop**
Now, more than ever, money issues are a crucial concern for individuals and families. Social workers are in a key position to help but often avoid the topic of money because they feel unprepared to intervene. This workshop will show you how to effectively address money-related behavior and attitudes with your clients. See page 8.

**Rutgers LSW/LCSW Exam Prep Course**
Be prepared to pass! Led by a dynamic instructor, this course will teach you what you need to know — including test taking strategies and practice test questions. Developed by the Institute for Families. See page 9.

**The Supervision Series**
As of July, 2004, LCSWs who do clinical supervision must have a minimum of three years of licensure as well as at least 20 continuing education hours of post-graduate course work in supervision. We offer a dynamic 20-hour clinical supervision series to meet this need. See page 16 for more information.

**SSW-IFF and CAS ANNOUNCE PARTNERSHIP**
The Rutgers School of Social Work, Institute for Families, and the Center of Alcohol Studies, Education and Training Division, announce a partnership specializing in quality continuing education workshops in the addictions. See the Addictions section for current offerings. For more information about the SSW-CAS partnership, please contact, at CAS, Nancy M. Violette, PhD, LCSW, LCADC, at 732.445.4317 or e-mail at nancyvio@rci.rutgers.edu, or Doug Behan, LCSW, at 732.445.3173 or e-mail at dbehan@ssw.rutgers.edu at SSW-IFF. For additional courses offered by CAS, please see us online at http://alcoholstudies.rutgers.edu/education/index.html or call us at 732.445.4317.

**Renewal Year for Social Work Professionals**
2010 is a relicensing year for social work professionals. The current renewal period ends August 31, 2010. Please check out page 4 for the Must-Haves in CEHs.

We Now Offer CEHs for Licensed Professional Counselors!
Introducing Our New Classroom at 390 George Street, New Brunswick, N.J.

Located in a prime downtown location, this stylishly refurbished vintage building is close to the New Brunswick train station and many restaurants, and is next to municipal parking. Note: Workshop rate reduced $10 to cover parking at this site.

Check Out Our Website: EASY TO SEARCH AND REGISTER!

We have designed our own state-of-the-art registration system. Now you can look online to register for workshops, see a list of all our offerings, see your workshop history, and even see your progress in each certificate program! Just open your web browser and visit https://ssw-web.rutgers.edu/ssw/ce/.

Considering an MSW Program?
Consider Professional Credit Courses

The Institute for Families at The Rutgers School of Social Work offers non-degree, graduate-level classes known as Professional Credit Courses (PCC). These courses provide an excellent opportunity for individuals who may be considering the MSW program to explore introductory classes without committing to a full- or part-time degree program. The courses are equivalent to those offered during the first year of the MSW degree program and will apply if you enter the degree program at a later date. For more information, please visit http://socialwork.rutgers.edu/iff/pcc.php or email pcc@ssw.rutgers.edu.

WORKSHOP HIGHLIGHTS

**New Clinical Workshops**

Co-Occurring Disorders: Going Beyond the Boundaries of Diagnosis (See page 12)
Ethical Issues in Social Work Practice (See page 11)
Ethical Practice in the Private World (See page 13)
Financial Social Work: Basics and Beyond (See page 8)
Problem Gambling Clinical Training Program (See page 12)
“From the White Side of the Line” — How White Social Workers Can Build More Effective Alliances Across the Racial Divide (See page 10)
Hugs and Emails: Grandparenting Today (See page 15)
Latino Populations: Essential Clinical Considerations (See page 11)
Linking Ethnicity to the Mother-Daughter Bond in Treatment (See page 10)
Masked Depression in Men and Boys: Treatment and Suicide Prevention (See page 13)
Maternal Mood Disorders in Clinical Practice (See page 8)
Obsessions and Reflections: Understanding and Treating Obsessive-Compulsive Disorder and Body Dysmorphic Disorder (See page 11)
Preparing Children for Adoption (See page 13)
Suicide Bereavement: Impact on the Family and Therapist (See page 10)
Therapy with Gusto: Using Positive Psychology to Propel Clients Forward (See page 9)
Tools for Evaluating Your Clinical Practice (See page 13)
Understanding and Treating the Sexual Desire Disorders (See page 9)
Understanding Child Development through a Cultural Lens (See page 16)
Using Ego State Therapy to Heal Internal Conflicts (See page 22)

**New Non-Clinical Workshops**

An Equal Opportunity Destroyer: Cultural Competence in Addictions Work (See page 12)
Avoiding the Legal and Ethical Pitfalls of Social Work Practice (See page 9)
Current Controversies in Health Care Ethics (See page 9)
Cyber Bullying: Nothing Virtual About It (See page 10)
Developing Community-Based Arts Projects to Build Bridges (See page 22)
Effective Writing for Human Service Professionals (See page 11)
Ethical Dilemmas for Administrators and Managers (See page 8)
Ethical Issues and Values in Violence Against Women (Online Workshop) (See page 24)
Health Literacy: Empower Your Clients (See page 10)
HIV/AIDS: What has Changed and What Has Not (See page 8)
If It Isn’t in Writing, It Didn’t Happen: Documentation to Protect Your Client, Yourself, and Your Organization (See page 9)
LGBT Issues and the Law (See page 11)
Middle Managers: Acknowledging Their Importance; Maximizing Their Contribution (See page 19)
Prison Break: Working with the Criminal Justice Client (See page 10)
Program Evaluation — An Opportunity, Not a Burden (See page 20)
Talk About It! — Addressing Sexual Health Issues with Your Clients (See page 10)
The Psychology and the Spirituality of the Twelve-Step Program (See page 12)
Working with Arab-Americans: Towards Culturally Competent Mental Health Services (See page 8)

SATURDAY WORKSHOPS

Impact of Domestic Violence on Children (See page 23)
Current Controversies in Health Care Ethics (See page 9)
Prison Break: Working with the Criminal Justice Client (See page 10)
Ethical Practice in the Private World (See page 13)
An Equal Opportunity Destroyer: Cultural Competence in Addictions Work (See page 12)
Violence Against Women in Middle and High School Populations (See page 24)
Obsessions and Reflections: Understanding and Treating Obsessive-Compulsive Disorder and Body Dysmorphic Disorder (See page 11)
Legal Responses to Violence Against Women (See page 25)
Understanding Violence Against Women (See page 25)
The Rutgers School of Social Work, Institute for Families, recognizes its role in offering Continuing Education Hours (CEHs) that meet the requirements for social work relicensure and supervision. Look for the following throughout the workshop listings:

- Ethics
- Social & Cultural Competence
- Clinical

All workshops are standard (nonclinical) unless indicated as above.

**What do I need to fulfill my CEHs in Ethics??**

The social work license mandates that all social workers fulfill a CEH requirement of 5 hours in ethics each relicensing period. The Rutgers Office of Continuing Education provides the opportunity each license cycle to fulfill this necessity of relicensure. Below are the Fall/Winter 2009 workshops that meet the ethics requirements. Please see indicated pages for workshop details.

- **Ethical Dilemmas for Administrators and Managers**
  - September 24, 2009 • Piscataway
  - See page 8

- **Ethical Issues and Values in Violence Against Women**
  - October 5-31, 2009 • Online Workshop
  - See page 24

- **Legal and Ethical Issues for Mental Health Professionals in Child Maltreatment Cases**
  - October 6 & 13, 2009 • Piscataway
  - See page 14

- **If It Isn’t in Writing, It Didn’t Happen: Documentation to Protect Your Client, Yourself and Your Organization**
  - October 15, 2009 • Piscataway
  - (meets 3 CEH for Ethics), See page 9

- **Current Controversies in Health Care Ethics**
  - October 17, 2009 • Parsippany
  - See page 9

- **Avoiding the Legal and Ethical Pitfalls of Social Work Practice**
  - October 19, 2009 • Piscataway
  - See page 9

- **Legal and Ethical Issues in Developmental Disabilities**
  - October 22, 2009 • Piscataway
  - See page 17

- **Ethical Practice in the Private World**
  - November 7, 2009 • Piscataway
  - See page 13

**Legal and Ethical Issues in Clinical Supervision**

- November 30, 2009 • Hackensack
  - See page 16

**Ethical Issues in Social Work Practice**

- December 4, 2009 • Glassboro
  - See page 11

**Ethical Dilemmas in Elder Care**

- December 9, 2009 • Parsippany
  - See page 18

**New Requirement: CEHs in Social and Cultural Competence!**

Effective September 1, 2008, CSWs, LSWs, and LCSWs are required to take a minimum of 3 CEHs in the area of social and cultural competence each relicensing period. This Fall/Winter 2009 we are offering the following workshops:

- **Differences and Diversity in the Experience, Effects, and Treatment of Trauma**
  - September 23, 2009 • Hackensack
  - See page 21

- **Working with Arab-Americans: Towards Culturally Competent Mental Health Services**
  - September 29-30, 2009 • Parsippany
  - See page 8

- **Developing Community-Based Arts Projects to Build Bridges**
  - September 29, 2009 • Piscataway
  - See page 22

- **Dealing with Differences and Diversity in the Clinical Treatment of Children and Adolescents**
  - October 1, 2009 • Piscataway
  - See page 14

- **Spiritual Assessment Tools, Techniques, and Interventions**
  - October 14, 2009 • Glassboro
  - See page 9

- **Violence Against Women in Diverse Populations**
  - October 21, 2009 • New Brunswick
  - See page 24

- **Linking Ethnicity to the Mother-Daughter Bond in Treatment**
  - October 30, 2009 • Piscataway
  - See page 10

- **Hugs and Emails: Grandparenting Today**
  - November 10, 2009 • Piscataway
  - (fulfills 5 CEH for CC), See page 15

- **Beyond Diversity Day: Understanding How Teens Develop Racial Identity**
  - November 13, 2009 • Glassboro
  - See page 10

**“From the White Side of the Line”: How White Social Workers Can Build More Effective Alliances Across the Racial Divide**

- November 20, 2009 • Piscataway
  - See page 10

**An Equal Opportunity Destroyer: Cultural Competence in Addictions Work**

- November 21, 2009 • Piscataway
  - See page 12

**Parenting in a Diverse Environment**

- November 30, 2009 • New Brunswick
  - See page 20

**Latino Populations: Essential Clinical Considerations**

- December 2, 2009 • Cherry Hill
  - See page 11

**Understanding Child Development Through a Cultural Lens**

- December 4, 2009 • Parsippany
  - See page 16

**LGBT Issues and the Law**

- December 10, 2009 • Piscataway
  - See page 11

**The Supervision Series**

As of July, 2004, LCSWs who do clinical supervision must have a minimum of 3 years of licensure as well as at least 20 continuing education hours of post-graduate course work in supervision. We offer a 20-hour clinical supervision certificate in a time-sensitive format for LCSWs who are interested in providing supervision. Completion of the 4 workshops will meet the clinical supervision requirement for LCSWs to supervise LSW and LCSW candidates. Please see page 16 for more information on each of the 4 workshops.

- **Core Issues in Clinical Supervision**
  - November 9, 2009 • Hackensack
  - See page 16

- **Models and Techniques of Clinical Supervision**
  - November 16, 2009 • Hackensack
  - See page 16

- **Managing Differences and Difficult Supervisees**
  - November 23, 2009 • Hackensack
  - See page 16

- **Legal and Ethical Issues in Clinical Supervision**
  - November 30, 2009 • Hackensack
  - See page 16
Certificate Program in Adoption
This Certificate Program offers workshops for professionals in many of the issues involved in the adoption process and how the clinician can help the adoptive families. Workshops offered in this certificate program are designed as clinical workshops. Certificates of completion will be offered after each workshop. To receive the final certificate, a participant must attend 7 required and 2 elective workshops, a total of 9 days. Required workshops are indicated with an asterisk (*). Participants not seeking the Certificate Program can take individual workshops. See page 12 for the workshops being offered this semester.

Advanced Studies in Child Maltreatment with a Specialization in Child Sexual Abuse
The Certificate Program for Advanced Studies in Child Maltreatment with a Specialization in Child Sexual Abuse is an initiative of the New Jersey Task Force on Child Abuse and Neglect, in cooperation with a University Consortium for Training in Child Maltreatment. It is designed to provide qualified mental health practitioners with the specialized training required for responsible forensic assessment, effective treatment, and appropriate management of sexual abuse cases. It requires a combination of core graduate training, specialized coursework (continuing education workshops), and supervised practicum. This program is structured differently than the other Rutgers Certificate Programs. See page 14 for the workshops being offered this semester. For more information on this Certificate Program, please call Dr. Krupnick at 732.431.2663.

Certificate Program in Case Management
The Certificate Program in Case Management has been designed to address the need for extensive training in this practice modality that is used by all social workers and requires specialized skills to perform numerous functions. Social workers and other direct service providers working across all areas of human services, in which case management is an integral part of client services, will have an opportunity to enhance their skills in working with their clients and the systems with which they interact. Certificates of completion will be offered after each workshop. To receive a final certificate, participants must attend 5 required and 2 elective workshops, a total of 8 days. Required workshops are indicated with an asterisk (*). Participants not seeking the Certificate Program can take individual workshops. All workshops offered in this Certificate Program are nonclinical. See page 14 for the workshops being offered this semester.

Certificate Program in Child/Adolescent Mental Health
This Certificate Program offers clinicians the opportunity to increase their diagnostic and treatment skills particular to
disabilities in a variety of settings. Workshops may also benefit individuals who have an interest in developmental disabilities. Certificates of completion will be offered after each workshop. To receive the final certificate, a participant attends 11 required and 1 elective workshop, a total of 12 days. Required workshops are indicated with an asterisk (*). Participants not seeking the Certificate Program can take individual workshops. See page 16 for the workshops being offered this semester.

The Gerontology Program
The Gerontology Program consists of:
- Basic Certificate Program in Gerontology
- Advanced Certificate Program in Gerontology
- Certificate Program in Senior Services Management
- Certificate Program in Senior Housing Issues

Basic Certificate Program in Gerontology
The Basic Certificate Program in Gerontology is designed to meet the training needs of people either directing or retooling their careers toward serving older adults and their families. A multidisciplinary perspective is used in the planning and implementation of this Certificate Program. The certificate is awarded after completion of 6 required and 2 elective workshops. Required workshops are indicated with an asterisk (*). Electives can be selected from the electives mentioned under all the Gerontology Programs. Participants not seeking the Certificate Program can take individual workshops. See page 17 for the workshops being offered this semester.

Advanced Certificate Program in Gerontology
This advanced Certificate Program offers more advanced knowledge and skills for social workers and others who work with the elderly. It has been specifically designed for students who have completed the Basic Gerontology Certificate Program and who are looking for more advanced training. To qualify for the final certificate, 6 required workshops and 2 electives, a total of 8 days, need to be completed. Required workshops are indicated with an asterisk (*). Individual workshops can be taken by anyone who is interested, and certificates of completion will be offered after each workshop. However, the final certificate will only be available to students who completed the Basic Gerontology Certificate. See page 18 for the workshops being offered this semester.

Certificate Program in Senior Services Management
This Certificate Program has been created as a joint effort between the New Jersey Association of Senior Center Directors and the Rutgers School of Social Work, Institute for Families. It is intended to enhance the skills and knowledge of the professional directors, administrators, and managers of Senior Services Programs, such as Senior Centers, Offices on Aging, and other agencies that provide services to the elderly. The program consists of workshops in Gerontology, Nonprofit and Public Management, and Volunteer Management. To receive the final certificate, participants attend 7 required workshops and 2 electives, a total of 15 days of training. Electives can be selected from Gerontology or Nonprofit and Public Management workshops. Certificates of completion will be offered after each workshop. Participants not seeking the Certificate Program can take individual workshops. All workshops offered in this Certificate Program are nonclinical. See page 19 for the workshops being offered this semester.

Certificate Program in Senior Housing Issues
This Certificate Program has been created as a joint effort between social workers who work in senior housing around the state and the Rutgers School of Social Work, Institute for Families. It is intended to enhance the skills and knowledge of service coordinators, property managers, and other building staff who work in senior citizen housing developments. The program consists of workshops taken from the various gerontology programs and workshops specifically designed for this group. Workshops will emphasize a team approach to issues relevant to staff. To receive the final certificate, participants will attend 5 required and 2 elective workshops, a total of 9 days of training. Please see our website for specific details of the program. Certificates of completion will be offered after each workshop. Participants not seeking the Certificate Program can take individual workshops. All workshops offered in this Certificate Program are nonclinical. See page 19 for the workshops being offered this semester.
Certificate Program in Nonprofit and Public Management

Inspired by the work of the Dean of the School of Social Work, Richard Edwards, as well as many experienced faculty and leaders, this Certificate Program is designed to build and enhance the knowledge, skills, and competencies of current and future leaders of nonprofit and public human service organizations and to assist them in strategically managing the many challenges presented in today's human services environment.

Participants must complete 5 required workshops and 3 electives, a total of 8 days, in order to receive the final certificate. Required workshops are indicated with an asterisk (*). Individual workshops can be taken by participants not enrolled in the Certificate Program. For more information please see our website. See page 19 for the workshops being offered this semester.

Certificate Program in Parent Education

The Certificate Program in Parent Education is intended to enhance the skills and knowledge of parent educators and other professionals working with children and families. Such professionals might include: social workers, school social workers, or guidance counselors; teachers of health and family living courses; counselors; case workers at child welfare agencies or at county boards of social services. Certificates of completion are offered after each workshop. To receive the final certificate, a participant attends 6 required and 2 elective workshops, a total of 8 days. Required workshops are indicated with an asterisk (*). All workshops offered in this Certificate Program are designated as nonclinical workshops. Participants not seeking the Certificate Program can take individual workshops. See page 20 for the workshops being offered this semester.

Certificate Program in Trauma Response and Crisis Intervention

This clinical Certificate Program is designed for clinicians, mental health professionals, and practitioners from other disciplines who wish to enhance their knowledge and skills in the field of trauma response and crisis intervention. Workshops will address a variety of traumatic events such as natural disaster, terrorism, interpersonal violence, and personal/family crises. Workshops offered in this Certificate Program are designed as clinical workshops. Certificates of completion are offered after each workshop, and to receive the final certificate, participants attend 9 required workshops and 2 electives, a total of 13 days. Participants not seeking the Certificate Program can take individual workshops. See page 21 for the workshops being offered this semester.

Certificate Program in Using the Arts in Prevention

This Certificate Program is intended for social workers, teachers, artists, and professionals who work with young people. Research has shown that using the expressive arts with young people can have a powerful effect in preventing alcohol, tobacco, and other drug use/abuse, and the related detrimental social/psychological issues. Participants will learn how to use various media, such as drama, visual arts, writing, movement/dance, music and communication media with individuals, school and community groups, and alternative settings. The Certificate Program, a joint effort with the Center for the Arts, consists of 9 required and 2 elective workshops, a total of 12 days. Required workshops are indicated with an asterisk (*). Certificates of completion will be offered after each workshop. Participants not enrolled in the Certificate Program can take individual workshops. All workshops are designated as nonclinical workshops. See page 22 for the workshops being offered this semester.

The Certificate Program in Violence Against Women

Initially funded by the Verizon Foundation, this Certificate Program gives participants the chance to develop their knowledge and skills by participating in workshops with a multidisciplinary focus on the clinical, workplace, and nonprofit/policy/advocacy spheres as they relate to violence against women (VAW) issues. Professionals interested in the program may choose to take any individual workshop that interests them, or they may pursue certificates that offer an in-depth understanding in their particular area of practice and include:

◆ Foundation Certificate in Violence Against Women
◆ Advanced Certificate in Violence Against Women*
◆ Clinical Certificate in Violence Against Women*
◆ Nonprofit Management/Advocacy/Policy Certificate in Violence Against Women*

*All workshops can be taken individually or as part of a Certificate Program.

For more information on the VAW Continuing Education Certificate Program or individual workshops, please see the Violence Against Women section of this catalog or visit the Center on Violence Against Women and Children on the web at http://vawc@ssw.rutgers.edu or email us at vawc@ssw.rutgers.edu.
#4111 HIV/AIDS: What Has Changed and What Has Not?
While the AIDS epidemic remains as intrac- tabelle as ever, life expectancy for people with HIV is now normal. Spend a day reviewing the basics of HIV pathology, the history of the disease, and best practices to slow the spread of this virus. Participants will review prevention methods and practice talking with clients about HIV and safer sex practices.
Fee: $100
Cont. Ed. Hours: 5
Instructor: Tracey Post, MSW, LCSW
Date: Tuesday, September 22, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#1151 Ethical Dilemmas for Administrators and Managers
In running their programs and organizations, administrators/managers strive to promote a caring, respectful, and compassionate culture for the clients they serve on a daily basis. In order to deal more successfully with difficult people, confidentiality concerns, issues of cultural diversity, and considerations of individual capacity, this workshop will deal with approaches to ethical dilemmas that produce the best outcomes, conflict resolution and mediation strategies, interpersonal communication skills, and a culturally competent model of decision-making that is respectful of individual values and traditions.
Fee: $100
Cont. Ed. Hours: 5, Ethics
Instructor: Stephen Sidorsky, LCSW
Date: Thursday, September 24, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#7066 Working with Arab-Americans: Towards Culturally Competent Mental Health Services
Promoting cultural competency in mental health care delivery is highly endorsed by current research as a way to enhance the quality of services to various cultural groups. But the concept still requires greater specificity and articulation of ways to promote and implement culturally competent practices to many cultural groups, more specifically to the Arab-American community. Western definitions of mental illness may not appropriately apply, and thoughts and behaviors that are interpreted as atypical vary among different cultural groups. This two full-day workshop will focus on understanding the unique cultural influences that characterize the Arab-American community and will present useful techniques and strategies that contribute to a successful treatment outcome.
Fee: $175
Cont. Ed. Hours: 10, Social & Cultural Competence
Instructor: Nora Alarifi Pharaon, EdD
Dates: Tuesday, September 29, and Wednesday, September 30, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#4112 Maternal Mood Disorders in Clinical Practice
The reality of perinatal mood disorders has largely escaped national assessment, detection and treatment in this country until this decade. While up to 20% of all women will experience a serious diagnosable mood disorder in the reproductive period, less than 15% of them will enter treatment and fewer still will find effective treatment. Consequences of untreated maternal depression range from chronic illness and family stress to long-term child disabilities. It is crucial for social workers to understand the symptoms, risk factors, available treatments, and outcomes of untreated maternal mood disorders. Using lecture, slides, and video, this workshop will provide an overview of the issue, the perinatal spectrum of mood disorders, available treatments, and a review of legislation.
Fee: $100
Cont. Ed. Hours: 5 Clinical
Instructor: Susan Stone, MSW, LCSW
Date: Thursday, October 1, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#5158 Financial Social Work: The Basics and Beyond
The number of Americans in financial crisis grows daily. Money is the number-one stressor in many people’s lives, contributing to depression, divorce, substance abuse, and a wide variety of other mental, physical, and social problems. This interactive and introspective workshop will cover the basic skills and techniques for engaging clients in the
process of changing their relationship with their money, explore the underpinnings of financial problems, and demonstrate how financial social work increases emotional stability by improving financial circumstances. Effective ways to help clients become motivated, educated, and successful personally and financially will be addressed. This experiential session will incorporate humor, activities, and handouts.

**Fee:** $125

**Cont. Ed. Hours:** 5, Clinical

**Instructor:** Christine Heer, Esq, LCSW, DVS

**Date:** Thursday, October 15, 2009

**Time:** 9:30 a.m. - 3:30 p.m.

**Location:** Building 4161, Livingston Campus, Piscataway

### #5154 Understanding and Treating the Sexual Desire Disorders

One of the greatest challenges in treating couples with sexual problems is resolution of sexual desire conflicts. Such problems range from the “low-sex” or the “no-sex” relationship to problems related to the controversial phenomenon of “sexual addiction.” Most couples therapists and sex therapists report this to be amongst the most common sexual complaints presented in therapy, yet it is also one of the most difficult to successfully treat. This workshop will attempt to develop a better understanding of this clinical phenomenon and discuss some of the treatment strategies that have been useful in assisting individuals and couples resolve this frustrating situation. The information presented will be relevant to all therapists who see couples complaining of problems related to sexual desire.

**Fee:** $125

**Cont. Ed. Hours:** 5, Clinical

**Instructor:** Rev. Valerie Persaud, DMin, JD, MSW, LSW, CSC, CHT

**Date:** Wednesday, October 14, 2009

**Time:** 9:30 a.m. - 3:30 p.m.

**Location:** Robin’s Nest, Glassboro

### #5548 Spiritual Assessment Tools, Techniques, and Interventions

A client’s religious and spiritual beliefs, values, and theories are essential assets that can be utilized to promote healing and growth. This workshop will discuss how to utilize clients’ strengths while highlighting the importance and relevance of integrating religion and spirituality into the treatment process. This workshop will also explore the ethical barriers such as spiritual counter-transference issues and competency, along with introducing and demonstrating religious and spiritual techniques that are available such as prayer, meditation/relaxation, and guided imagery.

**Fee:** $125

**Cont. Ed. Hours:** 5, Clinical, Social & Cultural Competence

**Instructor:** Rev. Valerie Persaud, DMin, JD, MSW, LSW, CSC, CHT

**Date:** Wednesday, October 14, 2009

**Time:** 9:30 a.m. - 3:30 p.m.

**Location:** Robin’s Nest, Glassboro

### #4113 If It Isn’t in Writing, It Didn’t Happen: Documentation to Protect Your Client, Yourself, and Your Organization

Documentation is an important part of the professional’s responsibility. Drafting progress notes, reports, and letters requires the human service professional to consider many factors, including the purpose of the communication, the recipient of the communication, and the goal(s) of the writer. This workshop will focus on professional documentation for social workers and other professionals, with topics including, but not limited to: How to memorialize your assessment, prognosis, and action plan in your documentation; how to appropriately convey these issues in communications to others; when to draft reports narrowly versus broadly; how to advocate and persuade on your client’s behalf; how to convey objectivity; and ethical and legal issues in documentation.

**Fee:** $100

**Cont. Ed. Hours:** 5 (includes 3 hours Ethics)

**Instructor:** Christine Heer, Esq, LCSW, DVS

### #5153 LSW/LCSW Examination Preparation Course

This two-day interactive workshop will give participants the opportunity to learn test-taking strategies, practice test-taking with sample questions, and identify those content areas of the test where they have strengths as well as content areas where they need to improve their knowledge base. The workshop will include hands-on activities, practice test questions, discussions, PowerPoint presentations, and short lectures.

**Fee:** $250

**Instructor:** Robert Hazlett, PhD, LCSW

**Date:** Thursday, October 22, and Friday, October 23, 2009

**Time:** 9:30 a.m. - 3:30 p.m.

**Location:** Octagon 10 Office Center, Parsippany

### #5556 Therapy with Gusto: Using Positive Psychology to Propel Clients Forward

The goal of this workshop is to introduce theoretical perspectives and practical uses of positive psychology in clinical practice. The workshop will provide a comprehensive theoretical framework for a conceptual and practical understanding of pessimism/optimism, negative/positive emotions, and happiness, contentment, and self-fulfillment in the lives of our clients and ourselves. The workshop aims to broaden the clinician’s perspective from a focus on what is “wrong” to a focus on the expansion of client’s psychological wellness. This interactive workshop will utilize didactics and discussion, along with practice of self-assessment tools that you can use in your work with clients. Appropriate resources, specific techniques, and ideas for things clients can do both in and outside of sessions will be addressed.

**Fee:** $125

**Cont. Ed. Hours:** 5, Clinical

**Instructor:** Nancy M. Violette, PhD, LCSW, LCADC

**Date:** Tuesday, October 20, 2009

**Time:** 9:30 a.m. - 3:30 p.m.

**Location:** Building 4161, Livingston Campus, Piscataway

### #4066 Current Controversies in Health Care Ethics

There is a growing interest in medical ethics stemming from an increase in complex decision-making and other ethical dilemmas. This workshop will assist health care professionals who struggle with questions concerning what is right when facing difficult situations. Participants will explore case examples and discuss realistic circumstances that health care professionals face in today’s health care environment. We will explore ethical approaches to issues involving confidentiality, conflicts of interest, deception, disagreements over care, self-determination, informed consent, refusal of treatment, and capacity.

**Fee:** $100

**Cont. Ed. Hours:** 5, Ethics

**Instructor:** Marcie Cooper, MSW, LCSW, C-ASWCM

**Date:** Saturday, October 17, 2009

**Time:** 9:30 a.m. - 3:30 p.m.

**Location:** Octagon 10 Office Center, Parsippany

### #4067 Avoiding the Legal and Ethical Pitfalls of Social Work Practice

The subject of ethics can often seem dry until one is faced with actual ethical dilemmas. This workshop will address the rights and responsibilities of social workers and the ethical dilemmas they face in everyday practice. This session will consider ethical issues and legal responsibilities related to client rights, confidentiality, consent, refusal of treatment, and capacity.

**Fee:** $100

**Cont. Ed. Hours:** 5 (includes 3 hours Ethics)

**Instructor:** Christine Heer, Esq, LCSW, DVS
#4068 Prison Break: Working with the Criminal Justice Client

Working with criminal justice connected clients can be challenging. Having insight into the special needs of this population and specialized skills to work with them can make a significant difference in the effectiveness of your work. This population of clients includes those who are community-based as well as the criminal offender re-entering society. This workshop will provide a model for treatment to help clinicians address issues facing these clients. Areas covered will include identification of the criminal justice client, treatment planning strategies, self-awareness when working with this population, use and misuse of counter-transference, and cultural differences.

Fee: $50 (Recession Buster Rate)
Cont. Ed. Hours: 5
Instructor: Judeth Forlenza Wesley, RN, MSW, LSW, LCADC
Date: Saturday, October 24, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#5155 Linking Ethnicity to the Mother-Daughter Bond in Treatment

We often separate ethnicity theory from individual treatment, even though a joined approach is usually best. This workshop will link issues of Latino, African Descent, Jewish, European, Asian, Middle Eastern, and Slavic ethnicities to mother-daughter dynamics to form a clear therapeutic strategy. The clinical segment will focus on three areas: first, ethnic issues, such as family and gender roles, immigrant losses, and pressures; second, mother-daughter themes, such as passage of the _carnival mirror_ — a distorted self-image unwittingly (we're not blaming mother!) handed down through generations from mother to daughter; third, the joining of ethnicity and mother-daughter concepts within the _five thought links_ — an approach leading the client to a self-image based more on her innate self than on the skewed perceptions of caregivers or culture. _Note: italicized terms are drawn from the 2009 book My Mother, My Mirror, by Dr. Laura Arens Fuerstein._

Fee: $125
Cont. Ed. Hours: 5, Clinical, Social & Cultural Competence
Instructor: Laura Arens Fuerstein, PhD, LCSW
Date: Friday, October 30, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#5156 Suicide Bereavement: Impact on the Family and Therapist

This workshop will explore the bereavement issues that are particular to the process of grieving a suicide. The nature of a death has an impact on the bereavement process and this is particularly relevant in a suicide. The survivors are left with many unanswered questions and a wide range of intense emotions. The intensity of this process also impacts on the therapist, and the workshop will look at the strategies that the therapist can employ to avoid the common pitfalls of compassion fatigue and over identification with the client.

Fee: $50 (Recession Buster Rate)
Cont. Ed. Hours: 5, Clinical
Instructor: Joe McBride, LCSW
Date: Monday, November 2, 2009
Time: 10:00 a.m. - 4:00 p.m.
(please note the different start time)
Location: Cherry Hill Library, Cherry Hill

#4069 Cyber Bullying: Nothing Virtual About It

Cyber bullying is a growing problem for youth that can have tragic consequences. This workshop provides tools for professionals working with children, teens, or parents in clinical, school, service organizations, or other settings to recognize, respond to, and prevent cyber bullying. Topics include differences between cyber bullying and “traditional” bullying, types of cyber bullying, the reasons youth choose to cyber bully, social and psychological effects of cyber bullying, sexting and texting, legal issues, parental and school responsibilities, online safety, the electronic generation gap between adults and teens, and various electronic venues, including social networking sites, gaming sites, IM, and chat rooms. The workshop provides participants with specific recommendations, procedures, and resources for preventing cyber bullying and responding to incidents of cyber bullying, including resources for educating youth aged 5-18 and parents about cyber safety. No prior knowledge of electronic communications technology is necessary.

Fee: $100
Cont. Ed. Hours: 5
Instructor: Paula Rodriguez Rust, PhD
Date: Tuesday, November 3, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#4070 Health Literacy: Empower Your Clients

It is vital that clients have the capacity to obtain, understand, and use basic health information and services. Health literacy is the key to effective and relevant client engagement in healthcare and social services. This workshop will prepare healthcare and human service professionals to educate and empower their clients to make appropriate health decisions.

Fee: $100
Cont. Ed. Hours: 5
Instructor: Yvette Murry, MSW, LSW

Date: Thursday, November 5, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Family Resource Network, Brick

#4072 Talk About It! — Addressing Sexual Health Issues with Your Clients

Sexual health is an important and often neglected aspect of overall health. In order to provide the best care to our clients, it is imperative that we acknowledge the impact of sexual health issues on our work and on the lives and well-being of our clients. In order to give consumers the best care, we must be willing and able to adequately manage sexual health concerns. In this workshop, participants will increase awareness of their own biases/values and attitudes about sexuality, sexual behaviors, and sexual issues and will begin to develop comfort in discussing sexual health issues. An in-depth review of sexuality, normative sexual practices, and skill development in discussing sexual topics with clients will be offered.

Fee: $100
Cont. Ed. Hours: 5
Instructor: Tracey Post, MSW, LSW
Date: Wednesday, November 11, 2009
Time: 10:00 a.m. - 4:00 p.m.
(please note the different start time)
Location: Cherry Hill Library, Cherry Hill

#4054 Beyond Diversity Day: Understanding How Teens Develop Racial Identity

In working with adolescents, it is important that the practitioner understands and values the process of cultural identity development within members of this age group. In this interactive workshop, participants will explore the ways that adolescents define and organize themselves according to their own understandings and definitions of culture. We will examine theories of racial identity development and discuss how adolescents experience culture. Participants will also explore and share ways to integrate this understanding into their practice.

Fee: $100
Cont. Ed. Hours: 5
Social & Cultural Competence
Instructor: Christine Doman-Wells, LSW
Date: Friday, November 13, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Robin’s Nest, Glassboro

#4071 “From the White Side of the Line” — How White Social Workers Can Build More Effective Alliances Across the Racial Divide

Among white social workers practicing today in communities of color, many sense that their status as “white” adversely impacts their
relationship with the communities they serve, despite their best intentions. Is this a matter of individual prejudices, or is something else going on? How does one's own racial identity present challenges to the white social worker and create barriers to the effective delivery of services and the exercise of professional skills? This 5-hour workshop will examine how social and cultural factors bear upon the relationship of the white social worker to clients, communities and colleagues of color. Participants will learn how an awareness of the racialized structure of U.S. society offers an opportunity to build meaningful and authentic relationships across race, and how a lack of awareness creates distance and distrust.

**Fee:** $50 (Recession Buster Rate)
**Cont. Ed. Hours:** 5, **Clinical, Social & Cultural Competence**
**Instructors:** Bonnie Cushing, LCSW, and Charley Flint, PhD
**Date:** Friday, November 20, 2009
**Time:** 9:30 a.m. - 3:30 p.m.
**Location:** Building 4161, Livingston Campus, Piscataway

### #5418 Ethical Issues in Social Work Practice

Clinicians face ethical dilemmas on a daily basis and must make ethical decisions as a part of their practice. In this interactive experiential workshop, participants will explore theories of ethical decision making, discuss guidelines for ethical decision-making, and practice using a framework for ethical decision-making. Codes of ethics as well as issues around dual relationships will be addressed.

**Fee:** $125
**Cont. Ed. Hours:** 5, **Clinical, Ethics**
**Instructor:** Robert Hazlett, PhD, LCSW
**Date:** Friday, December 11, 2009
**Time:** 9:30 a.m. - 3:30 p.m.
**Location:** Building 4161, Livingston Campus, Piscataway

### #5157 Obsessions and Reflections: Understanding and Treating Obsessive-Compulsive Disorder and Body Dysmorphic Disorder

Once believed to be a rare psychiatric illness, obsessive-compulsive disorder is now considered to be the fourth most common form of mental illness. Although it is not as well known as OCD, body dysmorphic disorder is considered to be one of the obsessive-compulsive spectrum disorders with its distinguishing feature being obsessions pertaining to physical appearance. The primary purpose of this workshop is to familiarize attendees with the two diagnoses, to review cognitive and behavioral manifestations of each, and to thoroughly explore forms of treatment.

**Fee:** $125
**Cont. Ed. Hours:** 5 **Clinical**
**Instructor:** Scott Granet, LCSW
**Date:** Saturday, December 5, 2009
**Time:** 9:30 a.m. - 3:30 p.m.
**Location:** Building 4161, Livingston Campus, Piscataway

### #7067 Latino Populations: Essential Clinical Considerations

This workshop will review the latest research pertaining to mental health considerations for Latinos. The workshop will review the clinical issues relevant to different Latino groups (e.g., immigration, cultural values, and strategies for formulating an ethnocultural assessment (i.e., an assessment of the unique array of cultural factors for an individual client). Special topics related to Latino populations will also be reviewed (e.g., ataques de nervios, treatment engagement). The assessment and intervention strategies for these issues will be reinforced by multiple case discussions and video presentations. After completing this workshop, participants will be able to identify issues that may be relevant for Latino clients, describe assessment/intervention strategies for best working with each of these issues, and formulate an ethnocultural assessment.

**Fee:** $125
**Cont. Ed. Hours:** 5, **Clinical, Social & Cultural Competence**
**Instructor:** Alejandro Interian, PhD
**Date:** Wednesday, December 2, 2009
**Time:** 10:00 a.m. - 4:00 p.m.
**Location:** Cherry Hill Library, Cherry Hill

### #4073 LGBT Issues and the Law

Being lesbian, gay, bisexual, or transgendered often requires clients to view who they are and what their rights are as defined by law. A general understanding of what the law says is required in many situations, such as: legalizing a relationship, ending a relationship, housing, protecting civil rights in employment, and asserting one’s rights when it comes to discrimination and hate crime victimization. This workshop will address what the helping professional needs to know when it comes to the New Jersey civil union and domestic partnership statutes, adoption law, the Law Against Discrimination and Hate Crimes Act, as well as the impact of federal laws such as the Civil Rights Act, the Defense of Marriage Act, and the Employment Nondiscrimination Act, among other things. Participants will also learn who they can refer their clients to and what kind of assistance is available to them, as well what changes are currently pending to make New Jersey safer and more equal for LGBT clients. Knowledge of the law is not necessary as the presenter is committed to making law understandable for social workers and other helping professionals.

**Fee:** $100
**Cont. Ed. Hours:** 5, **Social & Cultural Competence**
**Instructor:** Christine Heer, Esq, LCSW, DVS
**Date:** Thursday, December 10, 2009
**Time:** 9:30 a.m. - 3:30 p.m.
**Location:** Building 4161, Livingston Campus, Piscataway

### #4078 Effective Writing for Human Service Professionals

Good writing is a key to good practice. In this workshop, participants will learn strategies of clear, concise, correct, and cogent writing using their actual work from the field. Presented in a courteous and confident style, activities will include class and small group review of participants’ writing and in-class writing. By working with writing from professionals in the field and their own work, participants will gain an informed understanding of their individual writing processes and how to write effectively. Elevate your professional effectiveness or build the skills of your staff. Participants are encouraged but not required to submit their own writing samples for use in the workshop in advance (please edit for confidentiality). Mail your writing sample with your registration to the Institute for Families, 100 Joyce Kilmer Ave., Piscataway, NJ 08854, Attention: Writing Workshop.

**Fee:** $50 (Recession Buster Rate)
**Cont. Ed. Hours:** 5
**Instructor:** John Abbott Jr, EdM
**Date:** Friday, December 11, 2009
**Time:** 9:30 a.m. - 3:30 p.m.
**Location:** Building 4161, Livingston Campus, Piscataway
Problem Gambling
Clinical Training Program — Finding and Effectively Treating the Hidden Addiction: Problem Gambling
Problem gambling is a growing concern for clinicians, policy makers, and program administrators. Problem gambling is a serious co-occurring disorder for addicts and the mentally ill. Untreated, the gambling disorder can be at the root of high relapse rates, family disruption, and legal and financial issues. Led by a nationally and internationally recognized expert on gambling treatment (see page 2), this intensive clinical training program is designed to prepare clinicians and behavioral health specialists to work with pathological gamblers and their families. The training will explore the identification, prevalence, assessment, and typology of gamblers; current research on co-occurring disorders, biogenetics, and psychopharmacology; as well as the most effective treatment approaches with problem gamblers, families, and special populations. This 30-hour course meets the Level I requirements for Education and Training for those interested in gambling counselor certification by the International Gambling Counselor Certification Board.

Fee: $500 (covers the four days of training)
Cont. Ed. Hours: 30, Clinical
Instructor: Joanna Franklin, MS, CAC, NCAC II
Date: October 2 & 3, November 13 & 14, 2009
Time: 9:00 a.m. - 4:30 p.m.
(Please note different times)
Location: Building 4161, Livingston Campus, Piscataway

Co-Occurring Disorders: Going Beyond the Boundaries of Diagnosis
We used to call individuals with mental illness and co-occurring substance use disorders a “special” population, but over the years we have come to understand that the prevalence is so great that they are our population. This workshop is designed for helping professionals who may need hope, understanding, and methods for dealing with the most difficult of behaviors. An overview of the development of disorders, the interrelationship of mental illness and substance use, levels of severity, and how to sort through symptoms of each disorder will be explored. We will explore how attention to diagnosis, rather than attention to the total person, can complicate engagement and treatment. This workshop will provide underlying principles for assessment, diagnosis, treatment, and recovery support that can be provided in any agency in any system.
Fee: $125
Cont. Ed. Hours: 5, Clinical
Instructor: Kathryn Bedard, MA, LCADC, NCADC
Date: Monday, October 12, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

An Equal Opportunity Destroyer: Cultural Competence in Addictions Work
Addictions cross all boundaries of race, ethnicity, culture, socioeconomic levels, religion, gender, and age. Treatment cannot be uniformly the same for each group. Effective treatment acknowledges and embraces difference. This workshop will provide a model for treatment when working with diverse populations and addictions.
Fee: $100
Cont. Ed. Hours: 5, Social & Cultural Competence
Instructor: Judith Forlenza Wesley RN, MSW, LSW, LCADC
Date: Saturday, November 21, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

The Psychology and the Spirituality of the Twelve-Step Program
Every clinician will eventually encounter the epidemic of substance abuse and addiction. While no solution is perfect, the Twelve-Step program continues to be acknowledged as having the best rate of success of all existing approaches to recovery. In this workshop, we will examine the fascinating history of the Twelve Steps, the role of Higher Power, and the psychological meaning of each facet of this remarkable program. Using lecture, music, discussion, as well as state-of-the-art videos, students will become familiar with all of the essential components of this powerful and effective tool of healing.
Fee: $100
Cont. Ed. Hours: 5
Instructor: Thomas Legere, PhD
Date: Tuesday, November 17, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Robin’s Nest, Glassboro

Adoption
Note: All workshops in Adoption can be taken individually or as part of a certificate program. See page 5 for details. Workshops #5951, #5952, and #5953 are required workshops in this certificate.

The Psychology of Adoption
This workshop sets the stage for the Certificate Program in adoption. The focus will be on contemporary trends in adoption and the psychological benefits and risks associated with adoption. Other topics that will be presented include stress and coping models in adoption and family life cycle tasks in adoption. The implications for post-adoption services will also be addressed.
Fee: $125
Cont. Ed. Hours: 5, Clinical
Instructor: Pat Carter-Sage, MEd, LPC
Date: Wednesday, October 21, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

The Hidden Addiction: Problem Gambling
Clinical Training Program — Finding and Effectively Treating the Hidden Addiction: Problem Gambling

This 30-hour course meets the Level I requirements for Education and Training for those interested in gambling counselor certification by the International Gambling Counselor Certification Board.

Fee: $500 (covers the four days of training)
Cont. Ed. Hours: 30, Clinical
Instructor: Joanna Franklin, MS, CAC, NCAC II
Date: October 2 & 3, November 13 & 14, 2009
Time: 9:00 a.m. - 4:30 p.m.
(Please note different times)
Location: Building 4161, Livingston Campus, Piscataway

An Equal Opportunity Destroyer: Cultural Competence in Addictions Work
Addictions cross all boundaries of race, ethnicity, culture, socioeconomic levels, religion, gender, and age. Treatment cannot be uniformly the same for each group. Effective treatment acknowledges and embraces difference. This workshop will provide a model for treatment when working with diverse populations and addictions.
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Cont. Ed. Hours: 5, Social & Cultural Competence
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Clinical Training Program — Finding and Effectively Treating the Hidden Addiction: Problem Gambling

This 30-hour course meets the Level I requirements for Education and Training for those interested in gambling counselor certification by the International Gambling Counselor Certification Board.

Fee: $500 (covers the four days of training)
Cont. Ed. Hours: 30, Clinical
Instructor: Joanna Franklin, MS, CAC, NCAC II
Date: October 2 & 3, November 13 & 14, 2009
Time: 9:00 a.m. - 4:30 p.m.
(Please note different times)
Location: Building 4161, Livingston Campus, Piscataway
include core issues of adoption at various ages and stages, differences between families formed by birth and by adoption, and dimensions of loss for an adopted child. Special emphasis will be given to managing sibling relationships within the family and using normative crisis to support families and children. The workshop will include experiential exercises and activities.

Fee: $125
Cont. Ed. Hours: 5, Clinical
Instructor:
  Jacquelyn Lowe, LSW
Date: Thursday, November 5, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#5953*
Life Cycle Experience and Issues in the Adoption of Older Children
This workshop introduces the special challenges related to parenting children who spent significant time in temporary care systems prior to adoption. Topics include adoption as the permanency plan, life in the child welfare system and common survival behaviors, and the interplay between adoption and child development. Also, attachment theory, family building, and characteristics of successful adoptive families will be discussed. A presentation will also focus on how adoptive families can be supported.

Fee: $125
Cont. Ed. Hours: 5, Clinical
Instructor: Ellen Kelly, LCSW
Date: Monday, November 16, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#5980 Preparing Children for Adoption
This workshop will address loss and grieving, processing of family histories, processing child development history, significant life experiences, identity and origins, and feelings of difference and inadequacy. The participant will learn how to implement preparation of life books, background stories, family timelines, and genograms as therapeutic tools during the preparation for adoption.

Fee: $125
Cont. Ed. Hours: 5, Clinical
Instructor: Debra Castaldo, PhD, LCSW
Date: Thursday, December 10, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#5250 Tools for Evaluating Your Clinical Practice
In an outcomes-oriented managed care environment, it is critical for clinicians to have a repertoire of skills for evaluating their practice. Through discussion and hands-on exercises, this workshop will teach participants a three-phase model of practice evaluation that utilizes techniques for defining and measuring client problems, establishing treatment goals, and evaluating progress toward goals. Familiarity with the model will allow clinicians to document progress with their cases and determine the effectiveness of their practice.

Fee: $125
Cont. Ed. Hours: 5, Clinical
Instructor: Joe McBride, LCSW
Date: Saturday, November 7, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#5557 Ethical Practice in the Private World
Managing a private practice also includes establishing an ethical basis for working solo. This can create a vacuum in terms of making ethical clinical decisions without the safety net of an agency behind the clinician. This workshop will cover strategies to fill this gap and outline the ethical issues that face most therapists and in particular those in private practice. An overview of tools to help guide the therapist in making these decisions will be covered.

Fee: $125
Cont. Ed. Hours: 5, Clinical, Ethics
Instructor: Joe McBride, LCSW
Date: Saturday, November 7, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

*workshop is also a requirement in a certificate program
Advanced Studies in Child Maltreatment with a Specialization in Child Sexual Abuse

#5452 Legal and Ethical Issues for Mental Health Professionals in Child Maltreatment Cases
The training of mental health professionals does not typically prepare them for understanding and negotiating their roles in the legal arena. This two-day workshop will provide an overview of the types of legal questions that may arise for a mental health professional in a child maltreatment case, the varied roles they may assume, and the ethical issues that may arise in the course of working on these cases. This workshop will also provide specific training on the content of forensic evaluations and will examine the challenges of providing expert testimony. Specific issues in criminal, civil, and family court matters will be addressed.
Fee: $225
Cont. Ed. Hours: 10, Clinical, Ethics
Instructor: Susan Esquilin, PhD
Dates: Tuesdays, October 6 and 13, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161,
Livingston Campus, Piscataway

#5453 Assessment and Treatment of Children with Sexual Problems and Juvenile Sex Offenders
This workshop will provide an overview of the assessment and treatment of children/adolescent sexual behavior problems. The continuum from normal sexual behavior and curiosity, to children who are sexually reactive, to those who may compulsively molest will be covered. The first day will examine the range of sexual behavior problems and explore the assessment and risk factors. Treatment issues such as helping the child develop boundaries, as well as internal and external structures to bind sexual impulses are discussed. The second day will present a model for understanding the juvenile sex offender’s behavior and outline the specialized evaluation and treatment that is required. There will be an examination of the problem, along with the complex legal and ethical issues. An overview of risk assessment and successful treatment modalities, interventions, and goals will be reviewed.
Fee: $225
Cont. Ed. Hours: 10, Clinical
Instructor: Patricia Sermabeikian, LCSW
Dates: Mondays, November 9 and 16, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161,
Livingston Campus, Piscataway

#5459 Comprehensive Assessment and Case Plan: Development, Implementation, and Evaluation
The case plan is a partnership agreement between the case manager and the client. Its development and implementation require a complex set of activities, usually involving several areas of need and several providers. Participants in this fun interactive two-day workshop will use a case study assessment from which reasonable, specific, and measurable goals will be developed as a first step in formulating a case plan. Resource identification, linkages to services, advocacy to eliminate barriers, as well as the complexities of the case management relationship and ethical dilemmas will be explored as the plan moves into the intervention phase. Follow-up, monitoring, interagency coordination, and reassessment will allow the participant to determine whether the plan developed yesterday still works for the client today. And finally, outcome evaluation will let the participants assess whether the client has measurably benefited from the case management relationship.
Fee: $175
Cont. Ed. Hours: 10
Instructor: Carol De Graw, LCSW
Dates: Tuesdays, October 13 and 20, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Bergen DHS, Hackensack

#4042 Time Management
This workshop will provide social workers and case managers strategies to utilize their time and their environment more efficiently. Participants will learn three key elements for success in time management. There will be opportunities to learn and practice multiple skills on developing and prioritizing goals and deadlines. Specific communication skills to prevent and resolve conflict around deadlines will be addressed. In addition, participants will be able to recognize and be aware of time wasters in order to conquer them and use their time more productively.
Fee: $100
Cont. Ed. Hours: 5
Instructor: Geraldine Brady, LCSW
Dates: Thursday, November 12, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161,
Livingston Campus, Piscataway

#5658 Dealing with Differences and Diversity in the Clinical Treatment of Children and Adolescents
This workshop addresses ethnic and cultural differences relevant to the accurate assessment and effective treatment of children and adolescents. The workshop will use examples from Latino, African American, and African Caribbean families, but will stress the generally applicable dimensions of cultural difference that clinicians should explore when...
working across any cultural or ethnic differences. Topics will include the evaluation and treatment implications of cultural and ethnic differences: 1) family composition and family structure, 2) child-rearing and schooling practices, 3) gender and generational role expectations, 4) definitions of mental health and illness, 5) definitions of help and help-seeking, 6) the common clashes between client expectations and help and the professional culture of formal helpers and help systems, and 7) ways for clinicians to bridge the gaps in culture which reduce the effectiveness of services. The workshop will combine didactic presentations and group exercises. Participants are strongly encouraged to bring relevant case material to share.

Fee: $125
Cont. Ed. Hours: 5, Clinical, Social & Cultural Competence
Instructor: Shalonda Kelly, PhD
Date: Thursday, October 1, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#5605
Attention in Different Directions: Is ADD Really a Deficit Disorder?
Clinical and school social workers are increasingly getting referrals of ADD clients. While psychological literature on ADD has focused on “neurological deficits,” educational literature has focused on “learning differences.” Current ideas from both fields will be synthesized to address learning and emotional needs, develop social work strategies for helping the client and family, and advocating in school and work contexts.

Fee: $125
Cont. Ed. Hours: 5, Clinical
Instructors: Eric D. Johnson, PhD, LCSW, and Heather Mills-Pevonis
Date: Wednesday, October 21, 2009
Time: 10:00 a.m. – 4:00 p.m.
(Please note the different start time)
Location: Cherry Hill Library, Cherry Hill

#5657*
Psychotherapeutic and Psychosocial Treatments for Child and Adolescent Disorders
This two-day workshop addresses current treatment models for child and adolescent disorders. Topics include: 1) similarities and differences across the major models of intervention, including psychodynamic, cognitive-behavioral, and behavioral approaches; 2) the use and modification of standardized, evidence-based treatments (EBTs) to fit individual case presentations; and 3) specific interventions for the most common child and adolescent diagnoses, including disruptive behavior disorders (ADD, OD, CD), depression, anxiety disorders and PTSD, child and adolescent bipolar disorder, and emerging character dysfunction. The workshop will include didactic presentation and case-centered group exercises. Participants are strongly encouraged to bring sample case material that illustrates treatment difficulties or impasses.

Fee: $225
Cont. Ed. Hours: 10, Clinical
Instructors: Nicci Spinazolla, EdS, LMFT, LPC, and Jonathan Peretz, PhD
Dates: Fridays, October 23 and November 6, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#5668
Hugs and Emails: Grandparenting Today
Both conventional wisdom and current data would suggest that active involvement by grandparents typically enhances the level of children’s functioning. However, in clinical work with families, grandparents are an often-underutilized resource. This workshop will address practical approaches for clinicians working with children, parents, and/or grandparents in order to enhance the grandparent-child connection. We will explore the ways in which factors such as technology and family mobility can serve both as obstacles as well as opportunities in this special relationship.

Fee: $125
Cont. Ed. Hours: 5, Clinical
Instructor: Nancy Harrison, PsyD
Date: Tuesday, November 10, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

*workshop is also a requirement in a certificate program
#5650*
**Normality or Pathology: An Exploration of Child Development and Mental Health**

Where does normality end and pathology begin? This question is especially pertinent for clinicians working with children whose developmental stage has a tremendous impact on their current level of functioning. This workshop will explore the interrelationship between children’s developmental stages and interpersonal functioning — with peers and within family relationships. Participants will move along developmental lines, from separation anxiety to separation and individuation, and explore what separates “normal” child developmental struggles from extremes in behavior indicative of a range of mental health issues. Participants will also explore age-appropriate treatment approaches.

**Fee:** $125  
**Cont. Ed. Hours:** 5, Clinical  
**Instructor:** Jacqueline Phillips, LCSW  
**Date:** Friday, November 13, 2009  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Building 4161, Livingston Campus, Piscataway

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#5305
**Core Issues in Clinical Supervision**

This interactive workshop will focus on demonstrating major elements of clinical supervision in social work. Participants will have the opportunity to observe modeled activities, discuss the elements of clinical supervision and the supervisory relationship, and practice determining supervisor and supervisee learning and communication styles.

**Fee:** $125  
**Cont. Ed. Hours:** 5, Clinical  
**Instructor:** Robert Hazlett, PhD, LCSW  
**Date:** Monday, November 9, 2009  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Bergen DHS, Hackensack

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#5306
**Models and Techniques of Clinical Supervision**

The goal of this workshop is to provide a theoretically based, focused, and practical experience in the use of supervision models. This interactive workshop will focus on three different models of supervision, and participants will be able to discuss the theoretical rationale for the models as well as experience hands-on use of each.

**Fee:** $125  
**Cont. Ed. Hours:** 5, Clinical  
**Instructor:** Robert Hazlett, PhD, LCSW  
**Date:** Monday, November 16, 2009  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Bergen DHS, Hackensack

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#5307
**Managing Differences and Difficult Supervisees**

The focus of this interactive workshop will be major elements of managing differences and difficult supervisees in supervision. Participants will be exposed to research regarding difficulties in supervision, practice problem solving with case examples, and discuss the role of supervisory style as it impacts the interaction between supervisor and supervisee.

**Fee:** $125  
**Cont. Ed. Hours:** 5, Clinical  
**Instructor:** Robert Hazlett, PhD, LCSW  
**Date:** Monday, November 23, 2009  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Bergen DHS, Hackensack

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#5301
**Legal and Ethical Issues in Clinical Supervision**

This interactive workshop focuses on major legal and ethical issues involved in clinical supervision. Participants will have the opportunity to rate their own ethical and legal knowledge, discuss the research regarding legal and ethical issues, and practice utilizing theory and various models to help amplify superior knowledge regarding liability.

**Fee:** $125  
**Cont. Ed. Hours:** 5, Clinical, Ethics  
**Instructor:** Robert Hazlett, PhD, LCSW  
**Date:** Monday, November 30, 2009  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Bergen DHS, Hackensack

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#3001*
**An Introduction to Developmental Disabilities and Social Work Practice**

To better serve individuals with developmental disabilities in all settings, it is important for social workers and other social service professionals to have an understanding of the various developmental disabilities covered under the federal and state definitions. The focus of this workshop will be to provide participants with this basic knowledge along with the structure of the various service systems most utilized by individuals with developmental disabilities of all ages as they are supported in the community. The participants will be given the opportunity to

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*workshop is also a requirement in a certificate program
discuss various approaches to supporting people throughout their life span.

Fee: $100
Cont. Ed. Hours: 5
Instructor: Donna Falk, LSW
Date: Thursday, September 24, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: United Cerebral Palsy of Northern, Central and South Jersey, Chester

#3010*
Health and Wellness for People with Developmental Disabilities

Health and wellness is vital to our quality of life and overall sense of well-being. In this workshop we will discuss the unique challenges of promoting health and wellness in individuals with developmental disabilities. Emphasis will be placed on the importance of family health as well as society’s influence on the culture of living with a developmental disability. During this interactive workshop, strategies to prevent secondary conditions will be explored utilizing a hands-on holistic approach.

Fee: $100
Cont. Ed. Hours: 5
Instructor: Leone Murphy, MS, RN
Date: Friday, October 2, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#3027*
Supporting Youth with Disabilities in the Transition to Adult Life

Adopting the roles of adults, such as worker, post-secondary student, or family member, can be difficult and intimidating for any young person. When the young person has a disability, the challenges are multiplied. In this workshop, the roles of adult life will be explored, and we will examine why it may be hard for a young person with a disability to fill those roles. Topics to be discussed include transition planning, roles for various support people, instruction in community living, preparation for higher education, and support to enter the workforce.

Fee: $100
Cont. Ed. Hours: 5
Instructor: Dan Baker, PhD
Date: Monday, October 5, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: United Cerebral Palsy of Northern, Central and South Jersey, Chester

#3003*
Legal and Ethical Issues in Developmental Disabilities

This workshop will focus on the major ethical issues and legal concerns practitioners confront in working with people with developmental disabilities and their families.

Participants will be asked to discuss strategies for resolving the seemingly irresolvable dilemmas that are part of issues related to competency and decision making, the role of families and guardians, the right to services and treatment, and the equities and inequities of the service delivery system.

Fee: $100
Cont. Ed. Hours: 5, Ethics
Instructor: Joseph Young, JD
Date: Thursday, October 22, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#3026*
Supporting Families Through Change

The arrival of a child with a developmental disability has life-long implications for his or her family. This workshop will examine crisis points for the family from birth through adulthood of a family member with a developmental disability. Discussion will include initial diagnosis, entrance into education and adult services, and how these stages impact the family system. Effective ways to support families as they go through these stages will also be examined.

Fee: $100
Cont. Ed. Hours: 5
Instructor: Sue Henshaw, MDiv
Date: Tuesday, October 27, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Family Resource Network, Brick, N.J.

#3023
Mental and Behavioral Health Aspects of Dual Diagnosis (MI/DD)

This workshop is intended to introduce participants to state-of-the-art information regarding adult dual diagnosis (MI/DD). The morning session will consist of an overview of major mental health and behavioral health problems found within the population of developmentally disabled adults, including signs and symptoms of affective spectrum disorders, psychosis, and personality disorder as manifest. Diagnostic considerations will be addressed via lecture and case studies. The afternoon session will be devoted to an overview of relevant community-based mental health and disabilities services, including identified gaps in service and future trends in service delivery.

Fee: $100
Cont. Ed. Hours: 5
Instructor: Lucille Esrall, PhD
Date: Thursday, November 12, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

*workshop is also a requirement in a certificate program
#1001*  
**Aging: The Human Process**  
These three sessions provide the foundation and context for understanding elderly clients. They will address the physical, mental, social, and spiritual health of the elderly person as seen from the perspective of the professional working with and relating to adults in late life. Changes occurring in normal aging will be contrasted with abnormal, dysfunctional changes. Please Note: This workshop provides the basic knowledge about the aging process that is essential knowledge for all gerontologists. MSWs who took a gerontology course as part of their master’s program may request a waiver. Please call 732-445-3178.

**Fee:** $100  
**Cont. Ed. Hours:** 5  
**Instructor:** Gwen Orlowski, JD  
**Date:** Tuesday, November 10, 2009  
**Time:** 9:30 a.m. - 3:30 p.m.  
**Location:** Building 4161, Livingston Campus, Piscataway

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#1003*  
**Assessment of the Elderly**  
An accurate and comprehensive assessment is crucial in determining the nature and course of helping interventions and achieving goals, which improve the quality of life for elderly clients. You will learn to develop a framework for assessing elderly clients with consideration of cultural and age differences. Different types, purposes, and applications of assessments given under various auspices will be distinguished. You will become familiar with various data collection instruments and will be able to differentiate between dysfunctional and normal aging. Risk factors that need specialized assessments will be identified.

**Fee:** $175  
**Cont. Ed. Hours:** 10  
**Instructor:** Maggie Auer, MSW, LSW

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**Advanced Certificate Program in Gerontology**  
Note: All workshops in Advanced Gerontology can be taken individually or as part of a certificate program. See page 6 for details. Workshops #1013, #1102, #1101, and #1036 are required workshops in this certificate.

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**#1036*  
**Ethical Dilemmas in Elder Care**  
This workshop will present valuable information to gerontologists working with families who have an elderly relative. Participants will learn practical methods to identify and analyze ethical dilemmas arising in the care of the elderly. The principals of ethics and ethics...
theory will be discussed as well as moral issues surrounding topics such as: decision-making capacity, informed consent, surrogacy issues, advance directives, promising comfort and care, withholding and withdrawing life-sustaining treatment, and the role of ethics committees.

Fee: $100
Cont. Ed. Hours: 5, Ethics
Instructor: Stephen Sidorsky, LCSW
Date: Wednesday, December 9, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#1101*
Psychiatric Vulnerabilities in the Elderly
This workshop will review the common symptoms of major psychiatric illnesses and how they may manifest themselves in the elderly. This will include affective disorders, particularly depression, as well as anxiety disorders and substance abuse. We shall also review psychotic disorders and the personality disorders that are exacerbated in the aging process. The interface between common medical conditions, prescription medications, and psychiatric problems will also be addressed.

Fee: $100
Cont. Ed. Hours: 5
Instructor: Richard Stone, PhD
Date: Monday, December 14, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

Senior Services Management
Refer to page 6 for more information on this certificate.

Required workshops offered this semester are:
Communicating with the Elderly. See page 18.
Program Evaluation – An Opportunity, Not a Burden, see page 20.

Electives can be selected from all Gerontology or Nonprofit and Public Management Workshops.

Senior Housing Issues
Refer to page 6 for more information on this certificate.

Required workshops offered this semester are:
Common Health Problems and Medication Use in the Elderly. See page 17.
Legal Issues and Planning. See page 18.

Nonprofit and Public Management
Note: All workshops in Nonprofit and Public Management can be taken individually or as part of a certificate program. See page 7 for details. Workshops #7150 and #7154 are required workshops in this certificate.

#7006
Public Relations and Marketing Your Agency
Marketing a human services agency on a shoestring budget is a must for any nonprofit organization. The “how to” and “where to start” will be explored in this workshop. The workshop will focus on creating relationships with the media, the benefits of building collaborative relationships with other nonprofits, designing effective materials, preparing a marketing plan, and utilizing the Internet and other tools that will help to get your message out. By the end of this workshop, you will have prepared your own agency’s marketing plan.

Fee: $115
Cont. Ed. Hours: 5
Instructors: Ruth Lasser, MA, and Irene Stolzenberg, MSW
Date: Friday, October 9, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George Street, New Brunswick

#7150*
Essential Attributes of Leadership
In today's changing and dynamic human services environment, there is a need for strong leaders. In this workshop, human services managers in the nonprofit and public arena will learn what it takes to be an effective leader. Definitions and theories of leadership will be discussed, and leadership styles will be explored. The roles and functions of a leader will be addressed as well as the values and ethics of leadership. The competencies of leadership — knowledge, skills, and abilities — as well as emotional intelligence will be discussed. Participants will apply theories and concepts to case scenarios supplied by the workshop moderator and engage in role-plays designed to build and enhance leadership competencies.

Fee: $115
Cont. Ed. Hours: 5
Instructor: William Waldman, MSW
Date: Monday, October 19, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George Street, New Brunswick

#7154*
Managing Change
The fast-changing world of human services organizations demands managers be equally skilled in managing both for stability and for change. As the marketplace changes, as funders demand more and different accountability, the task of the manager changes rapidly. This workshop will examine the factors influencing change, the strategies that help the board and the staff to adjust to change, and the need to always keep the organizational mission in the forefront.

Fee: $115
Cont. Ed. Hours: 5
Instructor: Bert Goldberg, ACSW
Date: Monday, November 9, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George Street, New Brunswick

#7159
Middle Managers: Acknowledging Their Importance; Maximizing Their Contribution
Middle managers (MMs) have been blamed for almost everything. From micro-managing to not supervising closely enough, from being too bureaucratic to too liberal with policy, the MM is in a very tough position. Recent research and the literature itself have taken a much more pragmatic and practical view of this supervisory group. This MM workshop addresses the MMs' quiet but powerful impact on any organization's success, their career dilemma, and creative methods to ensure that each MM goes home every evening feeling that he/she has made a difference. This workshop is for all human services managers, including middle managers, new managers, managers of managers, and executive managers.

Fee: $115
Cont. Ed. Hours: 5
Instructor: James Burke, MSW
Date: Thursday, October 22, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George Street, New Brunswick

#7158
#7150
#7154
#7159
*workshop is also a requirement in a certificate program
Parent Education

#7158 Program Evaluation — An Opportunity, Not a Burden
You value the work that you and your staff do. You provide services that help people in need and you do so in a conscientious manner. It's exciting work and you want people to know about it — not just funders and oversight agencies that "evaluate" you, but colleagues and people who might come to you for service. How can you connect with them in a way that will tell the story of what you do and do so in a convincing manner? In this workshop, learn how to orchestrate a program evaluation that tells the story about the services that you deliver in a way that meets program goals and objectives, and demonstrates the possibilities for the future. Also meets requirement for Certificate in Senior Services Management and Senior Housing Issues.

Fee: $50 (Recession Buster Rate)
Cont. Ed. Hours: 5
Instructors: Ray Meyers, DSW, ACSW, and Linda Davis, LSW, MSW
Dates: Tuesday, November 24, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George Street, New Brunswick

#7156 Managing Information Technology
To effectively manage public and nonprofit agencies, it is important for leaders to have skills related to information technology. In this workshop, participants will explore the components of a technology plan and discuss the issues around creation of a systems review board. New applications of IT that meet the needs of agencies and their stakeholders will be discussed, and developing a maintenance system for security, integrity, and disaster recovery will be explored. Participants will apply theories and concepts to case scenarios and engage in other interactive exercises designed to expand knowledge and skills in exercising leadership in the management of information technology.

Fee: $115
Cont. Ed. Hours: 5
Instructor: Jack Pingatore, MSW, CPM
Date: Monday, December 7, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George Street, New Brunswick

#6003* Child Development: The Teen Years
In this workshop we will discuss the physical, emotional, and social development tasks of adolescents, and identify the internal and environmental messages that impact teens. We will also examine signs and symptoms of mental illness and substance abuse in teens. The impact of parental conflict and trauma on teens will also be explored.

Fee: $100
Cont. Ed. Hours: 5
Instructor: Mark Kiselica, PhD, HSPP, NCC, LPC
Date: Thursday, October 15, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: 1 Octagon Office Center, Parsippany

#6017* Family Leadership: Parenting Skills for Teens
Professionals who work with families where teens are in crisis need concrete skills to teach parents. Adolescent rebellions and power struggles are a developmental part of parenting children on the way to independent adulthood. Professionals need information that they can quickly share with family leaders so that they can take positive action in family management and not be reactive when rebellious teens push their parents' "hot buttons." This workshop will cover teachable skills in assertion, support, encouragement, limit-setting, and problem-solving necessary for parenting rebellious teens.

Fee: $100
Cont. Ed. Hours: 5
Instructor: Michael J. Katz, LCSW
Date: Wednesday, November 4, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: 1 Octagon Office Center, Parsippany

#6021* Family Leadership: Parenting Skills for Children Ages 6-12
In this workshop we will explore the different styles of parenting and their impact on the behavior of children in this age group. We will discuss the basic goals of young children’s behavior and both the positive and negative approaches children can take to achieve these goals. Different methods of discipline and problem handling that encourage responsible behavior will be demonstrated. Participants will also learn skills to teach parents how to have successful family talks.

Fee: $100
Cont. Ed. Hours: 5
Instructor: Michael Katz, LCSW
Date: Thursday, December 3, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#6006* Child Development, Ages 6-12
In this workshop we will discuss the physical, emotional, and social developmental tasks of school age children, including normal vs. problematic sexual development issues. Age-appropriate stressors and fears of school-age children will be explored.

Note: All workshops in Parent Education can be taken individually or as part of a certificate program. See page 7 for details. Workshops #6003, #6017, #6021, and #6006 are required workshops in this certificate.

Training Skills

#6021-A Parenting in a Diverse Environment
Parenting and child-rearing is a culture unto itself. This workshop is designed for parent educators and other professionals working with children and families. Cultural paradigms influenced by history, migratory patterns, family and community role expectations, and spiritual beliefs will be explored. Activities and discussions will enhance cross-cultural communication. Case studies will provide a framework for providers to incorporate parenting strategies that decrease conflict and increase family cohesiveness.

Fee: $90
Cont. Ed. Hours: 5
Social & Cultural Competence
Instructor: Yvette Murry, MSW, LSW
Date: Monday, November 30, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George Street, New Brunswick

Note: All workshops in Training Skills can be taken individually or as part of a certificate program. See page 7 for details. Workshops #8004, #8005, #8001, and #8003 are required workshops in this certificate.

*workshop is also a requirement in a certificate program
#8019 How to Keep Your Participants Involved All Day Long
Many trainers find it hard to keep students engaged in learning since it is hard to compete for student attention in this video age. This workshop shows you how to facilitate a healthy, more dynamic classroom and create an environment that maximizes the whole person. The focus will be on how to obtain the “map” to increased retention and improved learning and to see how you can generate excitement in your classroom. You will learn how participation in short games can improve learning. In addition you will learn activities for team building and engagement.
Fee: $125
Cont. Ed. Hours: 5
Instructor: John K. Kriger, MSM, CADC, CPS
Date: Wednesday, September 23, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#8003* Training Needs Assessment and Evaluation
In this workshop you will learn different types of training needs assessment and an approach to conducting a needs assessment interview when you are asked to do training for an agency or group. Also, the workshop will focus on the four levels of training evaluation and the various methods used to approach each level. A brief presentation and activity will address the preparation of pre-post test items.
Fee: $125
Cont. Ed. Hours: 5
Instructors: Ada Saperstein, MS, and Terry Fox, MSW
Date: Wednesday, September 30, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#8007* Creating Effective Training Presentations
At the heart of every training is how well the trainer transmits his/her knowledge and experience. Here’s a workshop designed to enhance a trainer’s ability to conduct thorough, effective, and interesting presentations. This workshop will also address the components of a professional presentation style and identify proficient public speaking skills. Techniques presented and skills practiced will allow participants to: 1) create behaviorally specific objectives for training presentations, 2) produce succinct and effective presentations, 3) appear more confident and dynamic in their delivery of information, and 4) maximize audience interest through use of visual aids and interactive exercises.
Fee: $125
Cont. Ed. Hours: 5
Instructor: John K. Kriger, MSM, CADC
Date: Friday, October 16, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#8004* Experiential and Interactive Training Methods
Experiential and interactive training methods are an important part of the trainer’s toolkit. In this training session, we will begin by demonstrating and discussing experiential methods, i.e., methods that make use of participants’ experiences. Examples from various training programs will be given, and trainers will learn methods to develop their own experiential activities. Interactive training methods make use of the different interaction formats available in the training group. Various examples of dyadic, triadic, and small group exercises will be demonstrated. Trainees are encouraged to bring examples of their training programs for further discussion.
Fee: $125
Cont. Ed. Hours: 5
Instructor: Ada Saperstein, MS
Date: Wednesday, October 28, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#8005* Working with Case Studies and Role-Plays in Training
In this workshop you will learn to develop case studies and role-plays for your workshops. The basic elements of case studies and role-plays and how they relate to the training objectives will be presented. Attention will be given to how to use case studies and critical incidents most effectively. You will also learn to develop role-plays, and a demonstration will be given of the various ways in which role-plays can be used. Specific techniques, such as warm-ups, role reversal, and role rotation will be presented. You are invited to bring current training assignments for further development and input.
Fee: $125
Cont. Ed. Hours: 5
Instructor: John K. Kriger, MSM, CADC
Date: Wednesday, December 2, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

Trauma Response and Crisis Intervention
Note: All workshops in Trauma Response and Crisis Intervention can be taken individually or as part of a certificate program. See page 7 for details. Workshops #5857, #5852, #5858, and #8003 are required workshops in this certificate.

#5852* Differences and Diversity in the Experience, Effects, and Treatment of Trauma
New Jersey is the fifth most culturally diverse state in our nation. Traumatic stress reactions are greatly influenced by an individual’s culture, ethnicity, and spirituality. In addition, pre-existing and comorbid conditions such as mental illness and substance abuse will affect outcomes. In this workshop we will examine how cultural issues influence the experience, effects, and treatment of trauma, and discuss culturally specific needs and interventions for trauma survivors. The needs of some special populations will be explored as well.
Fee: $ 125
Cont. Ed. Hours: 5 Clinical, Social & Cultural Competence
Instructor: Barbara Maurer, MA, LPC
Date: Wednesday, September 23, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Bergen DHS, Hackensack

*workshop is also a requirement in a certificate program
#5858*
Individal Treatment Approaches in Working with Trauma
The decision for someone to seek help, rely on oneself, or do nothing about a problem after a traumatic event is a complicated one. Providing clinicians with an overview of the major stages for the help-seeking process is a necessary step. The goal of treatment is to improve the quality of life for the survivor(s). Discussion will examine features of traumatic events, theories of intervention, treatment of comorbid disorders, and aspects of post-traumatic personal growth.
Fee: $125
Cont. Ed. Hours: 5, Clinical
Instructor: Raymond F. Hanbury, PhD, ABPP
Date: Thursday, October 29, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#5857*
The Effects of Trauma Across the Developmental Spectrum
A traumatic event has dramatic short- and long-term effects across all stages of human development. In this interactive two-day workshop, we will examine these effects on infants, children, adolescents, and adults, as well as explore the effects of trauma on the emotional, cognitive, neurological, physical, and spiritual human systems. The neuro-physiological and neurochemical changes that result from traumatic events will be addressed as well. Practical skills and therapeutic interventions needed in helping both children and adults cope in the aftermath of trauma will be discussed. Both traditional and creative arts treatment approaches will be explored.
Fee: $225
Cont. Ed. Hours: 10, Clinical
Instructor: Nicci Spinazzolla, MA, EdS, LMFT, LPC, BCETS
Dates: Monday, November 9 and 16, 2009

#5861
Using Ego State Therapy to Heal Internal Conflicts
The basic assumption of ego state therapy is that we all have multiple parts of self that become organized with different functions and roles to help us cope with life. Parts of self that are formed in response to childhood trauma or any early difficult experience may become maladaptive when these patterns of thinking, feeling, or acting are no longer necessary. This workshop will cover the principles of ego state therapy based on the seminal work of John and Helen Watkins and later elaborated by Richard Schwartz in his “internal family systems” (IFS) model. Both theory as well as practical techniques will be presented. Anyone treating dissociative disorders and complex PTSD must understand how to work with parts of the mind to create co-consciousness and help to heal the internal conflicts. Ego state therapy adds depth to all therapeutic work, regardless of the diagnosis, and ultimately helps individuals tap into their own natural healing mechanisms.
Fee: $125
Cont. Ed. Hours: 5, Clinical
Instructor: Marsha Heiman, PhD
Date: Friday, December 11, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#6119
Developing Community-Based Arts Projects to Build Bridges
This workshop will support thinking beyond the walls of your own organizations and programs to see community-based art-making as a way to involve clients’ families in your programs, to extend the reach of your programs into the diverse neighborhoods beyond your doors, and to strengthen inter-agency linkages. The use of community-based, participatory art projects has proven to be effective in all of these ways. We will explore the value of implementing various types of community-based arts projects and how they can build bridges between different communities and cultures, enhance the capacities of your program, and create cultures of understanding and respect. The workshop will include some basic theory, screening examples, and models of multi-disciplinary projects from a range of communities locally and nationally. We will also cover the hands-on work of designing action plans tailored to meeting your own goals.
Fee: $50
(Recession Buster Rate)
Cont. Ed. Hours: 5,
Social & Cultural Competence
Instructor: Barbara Bickart, MA
Date: Tuesday, September 29, 2009
Time: 9:30 a.m. – 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

#6120
Ready to Work?: Using the Arts as a Tool in Preparing Youth for the Workforce
For at-risk youth, who are all likely to suffer from limited lifetime productivity, the arts can contribute to self-esteem, the acquisition of skills, and the development of much-needed creative thinking, problem-solving, and communication skills. Involvement in the arts is an avenue by which at-risk youth can acquire the various competencies necessary to become economically self-sufficient, positive citizens and role models. Participants will learn how workforce readiness and workforce development relate to the arts and prevention. Participants will learn about various different projects and programs already in existence and will learn how to plan a project.
Fee: $100
Cont. Ed. Hours: 5
Instructor: Lois Saperstein, BS, Certified Expressive Arts Therapist
Date: Tuesday, November 17, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Building 4161, Livingston Campus, Piscataway

Using the Arts in Prevention
Note: All workshops in Using the Arts in Prevention can be taken individually or as part of a certificate program. See page 7 for details. All the workshops being offered this semester are electives. Required workshops will be offered in the spring 2010.

*workshop is also a requirement in a certificate program
The Certificate Program in Violence Against Women

Initially funded by the Verizon Foundation, this certificate program gives participants the chance to develop their knowledge and skills by participating in workshops with a multidisciplinary focus on the clinical, workplace, and nonprofit/policy/advocacy spheres as they relate to violence against women (VAW) issues. Professionals interested in the program may choose to take any individual workshop that interests them, or they may pursue certificates that offer an in-depth understanding in their particular area of practice and include:

◆ Foundation Certificate in Violence Against Women
◆ Advanced Certificate in Violence Against Women*°
◆ Clinical Certificate in Violence Against Women°
◆ Nonprofit Management/Advocacy/Policy Certificate in Violence Against Women°

°All workshops can be taken individually or as part of a Certificate Program.

Workshops in the VAW Certificate Program are eligible for N.J. Domestic Violence Specialist (DVS) continuing education credits. For more information on DVS credits, please visit http://vawc.rutgers.edu.

For more information on the VAW Continuing Education Certificate Program or individual workshops, please visit the Center on Violence Against Women and Children on the web at http://vawc.rutgers.edu or email us at vawc@ssw.rutgers.edu.

Violence Against Women Workshops: At-a-Glance — Fall 2009

Required Foundation Certificate workshops offered this session:

◆ Violence Against Women: Techniques in Screening, Assessment, and Basic Interventions — September 21 in New Brunswick
◆ Violence Against Women in Diverse Populations — October 21 in New Brunswick
◆ Ethical Issues and Values in Violence Against Women — ONLINE October 5 to October 31
◆ Understanding Violence Against Women — December 5 in New Brunswick
◆ Legal Responses to Violence Against Women — December 19 in Cherry Hill

Required Advanced Certificate workshop offered this session:

◆ Group Counseling — November 17 in Parsippany

#1314 Violence Against Women: Techniques in Screening, Assessment, and Basic Interventions

Appropriate responses to victims and survivors require a coordinated community response in which professionals and community members understand the types of violence perpetrated against women and children, are able to screen and assess individuals for abuse, and are prepared to provide basic and immediate interventions connecting individuals to appropriate community resources. Participants taking this workshop will also develop their understanding of the ethics, goals, and principles surrounding screening and assessing for abuse in a culturally sensitive way. This workshop is a Foundation requirement for the VAW Foundation certificate. It is strongly recommended that participants interested in obtaining a Foundation certificate take this course prior to taking the other Foundation workshops.

Fee: $90
Cont. Ed. Hours: 5
5 NJ DVS credits: Basic Domestic Violence Knowledge
Instructor: Nicole Morella, MA

#1318 Personnel Management

Supervision and management in a not-for-profit should reflect the ethics and values of anti-violence work. As much as a not-for-profit may be working toward the elimination of violence against women, these same values should be modeled by how staff members are hired, trained, managed, and supervised. As a result of taking this workshop, participants will gain an understanding of how to manage social workers and other human service staff members, learn effective individual and group supervision approaches, how to create and implement plans to enhance and maintain workforce diversity, how to recruit, interview and hire prospective staff members and volunteers, and how to maximize the job satisfaction of employees. This workshop is a requirement for the VAW Nonprofit Management, Advocacy and Policy certificate.

Fee: $100
Cont. Ed. Hours: 5
2.5 NJ DVS credits: Values and Attitudes
2.5 NJ DVS credits: Group Counseling Skills
Instructor: Yvette R. Murry, MSW, LSW

Date: Thursday, September 24, 2009
Time: 10:00 a.m. - 4:00 p.m.
Please note the different start time
Location: Cherry Hill Library, Cherry Hill

For more information on VAW workshops and Certificate programs, please visit http://vawc.rutgers.edu.

#1319 Impact of Domestic Violence on Children

As a result of taking this workshop, participants will gain an understanding of violence against women and the impact exposure to such violence has on children physically, emotionally, and developmentally. Participants will examine prevention models and learn how to minimize the negative and long-term impact exposure to violence can have on youth. This workshop will provide participants with information on how to respond to children exposed to violence and abuse and to families impacted by violence and abuse. In addition, time will be spent discussing the tensions that exist between child protective services and violence against women advocates. This workshop fulfills one of the elective workshop requirements for the VAW Foundation and Advanced certificates.

Fee: $90
Cont. Ed. Hours: 5
5 NJ DVS credits: Basic Domestic Violence Knowledge
Instructor: Robbin Loonan, MA, DVS, LPC

Date: Saturday, October 3, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George Street, New Brunswick
NEW ONLINE WORKSHOP!

#1305
Violence Against Women Work

This engaging workshop will examine the ethics and values involved with violence against women work for professionals in a variety of fields. Participants will leave this workshop with an understanding of the importance of empowerment, self-determination, informed consent, and feminist ethics when it comes to appropriately and effectively interacting with survivors of domestic or sexual violence. Examples of various situations in which ethical issues may be raised will be examined, including how to negotiate safety issues, questions of reporting, and the various ways the different professional codes of ethics may interact with violence against women ethics and values. This workshop is a Foundation requirement for the VAW Foundation certificate. Technology requirements: all workshop participants must have access to the Internet and the capacity to download and view PDF documents. For any further questions about the technology or software requirements, please contact VAWC at 732.932.7520 ext. 170.

Fee: $100
Cont. Ed. Hours: 5, Ethics
5 NJ DVS credits pending approval
Instructor: Ruth Anne Koenick, Director of Sexual Assault Services and Crime Victim Assistance, Rutgers University
Date: This online workshop runs from October 5 to October 31.
Please note: Participants in this online workshop will have the flexibility and freedom to complete certain portions of the workshop requirements according to their own schedule. Approximately an hour a week, totaling five hours, is needed to complete workshop assignments. Participants will also have the opportunity to interact with the workshop facilitator and will be required to post comments on certain dates for instructor review.

#1303
Violence Against Women in Diverse Populations

Recognizing the critical impact that issues of race, culture, sexual orientation, religious identity, ability, and other diverse identities have on victims’ experiences of violence, this workshop provides a first glimpse into the issues of violence against women in relation to: LGBT community, people with disabilities, cultural groups or ethnicities, immigrants, asylum seekers, refugees, people with language issues, elder victims, male victims, substance abuse population, severe mental illness population, and teens. Participants will leave this workshop having learned strategies for addressing the various obstacles or issues that victims face in accessing services and negotiating the various support systems. This workshop is a Foundation requirement for the VAW Foundation certificate.

Fee: $90
Cont. Ed. Hours: 5, Social & Cultural Competence
5 NJ DVS credits: Special Populations
Instructor: Lisa Smith, MS, DVS
Date: Wednesday, October 21, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George Street, New Brunswick

#1322
Group Counseling with Survivors

This workshop will identify and explore techniques relative to group counseling with survivors of violence and allow participants to gain an understanding of skill application in group process, group facilitation skills, ethical issues, as well as professional challenges that might affect the group process, specific to working with survivors of violence against women. It will provide participants with effective solutions in dealing with difficult clients, group cohesion and conflict, working with resistance, and effective leadership skills that will help participants design and develop a group appropriate for addressing violence against women. This workshop is an Advanced requirement for the VAW Advanced certificate.

Fee: $100
Cont. Ed. Hours: 5, Clinical
5 NJ DVS credits: Group Counseling Skills
Instructor: Julie Roebuck, LCSW
Date: Tuesday, November 17, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#1321
Violence Against Women in Middle and High School Populations

Violence against women is occurring at very high rates among adolescent girls. While there are many similarities with middle and high school students and the adult population experiencing gender-based violence, there are also differences in the ways that adolescent girls are experiencing victimization. There are many strategies being used that focus on prevention with the adolescent population. This workshop will focus on understanding the dynamics of gender-based violence within the middle and high school
adolescent population and focus on strategies for working with this population. This workshop fulfills one of the elective workshop requirements for the VAW Foundation and Advanced certificates.

Fee: $100
Cont. Ed. Hours: 5
5 NJ DVS credits: Special Populations
Instructor: Monique Pearlman, MSW, LSW
Date: Saturday, November 21, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: Octagon 10 Office Center, Parsippany

#1301 Understanding Violence Against Women
Geared toward professionals who are eager to expand their knowledge of the issues of violence against women, this important workshop provides participants with an understanding of the fundamental issues related to violence against women in all its forms — physical, sexual, emotional, and financial. This workshop will include an exploration of the legal developments and social change movements that have shaped their beliefs. Special attention will be given to the ways in which the issues of violence against women are compounded for women of color, lesbians, and disabled women. This workshop is a Foundation requirement for the VAW Foundation certificate. It is strongly recommended that participants interested in obtaining a Foundation certificate take this course prior to taking the other Foundation workshops.

Fee: $90
Cont. Ed. Hours: 5
5 NJ DVS credits: Basic Domestic Violence Knowledge
Instructors: Laura Luciano, MA, and Lisa Smith, MS, DVS
Date: Saturday, December 5, 2009
Time: 9:30 a.m. - 3:30 p.m.
Location: 390 George Street, New Brunswick

#1304 Legal Responses to Violence Against Women
As a result of participating in this workshop, participants will become aware of the state and federal laws related to various forms of violence against women, particularly sexual violence, domestic violence, and stalking. Additionally, this workshop will enable participants to understand the various legal remedies available to victims within the justice process, including restraining orders, divorce, and other relief involving economic justice, child custody, and civil suits brought by survivors of any of the above listed types of violence against women. Finally, in examining the standard operating procedures of law enforcement and the courts, participants will learn about the roles of key personnel involved in the legal process, as well as the critical role that direct service providers can play in supporting and empowering women who have experienced violence. This workshop is a Foundation requirement for the VAW Foundation certificate.

Fee: $100
Cont. Ed. Hours: 5
5 NJ DVS credits: Legal
Instructors: Nancy Kessler, Esq, and Michele Bertran, Esq, MS
Date: Saturday, December 19, 2009
Time: 10:00 a.m. - 4:00 p.m.
(please note the different start time)
Location: Cherry Hill Library, Cherry Hill

Please note: Individual workshops can be taken by participants not enrolled in the Certificate Programs. The Certificate Programs build on one another. For example, one must complete the Foundation Certificate Program before completing the Advanced Certificate. For more information on the VAW Certificate Program, please visit http://vawc.rutgers.edu.

### New Jersey’s 28th Annual Let’s Talk Adoption Conference
**10th Annual Conference**
**Breaking Down the Walls**
*Reaching Youth, Families and Communities Through the Arts*
**Thursday & Friday, October 29 & 30, 2009**
**Rutgers University, Busch Campus Center, Piscataway, N.J.**

The Center for the Arts, our partner in the Certificate Program in Using the Arts in Prevention, is offering its 10th Annual Conference this October. Participation in this conference will count as one elective toward the Certificate Program.

For more information, visit the website [www.center4arts.org](http://www.center4arts.org) or call 732.591.2362.

**Keynote Address**

*Why My Adoption is a Laughing Matter:*

*The English-American talks about nature, nurture and how her search for her American birth parents helped her find herself*

*By Alison Larkin*

Adoptee, internationally acclaimed comedienne, and bestselling author of *The English American*, a novel (for more information, go to [www.alisonlarkin.com](http://www.alisonlarkin.com))

**Plus 36 Workshops on Pre- and Post-Adoptive Issues**

*Coordinated by Concerned Persons for Adoption*

**Co-sponsored by**

*Rutgers University School of Social Work, Institute for Families*

*New Jersey Interagency Adoption Council*

**Cost:** $45 per person, $80 per couple • Full-time students $25
Continuing Education Hours for N.J. and Pa. social workers, N.J. teachers, licensed professional counselors — maximum 5 CEU/CEH hours; $20 total processing fee for continuing education hours

Please visit [wwwcpfanj.org](http://wwwcpfanj.org) for more information and registration form

To be placed on mailing list, contact: [conference09@cpfanj.org](mailto:conference09@cpfanj.org) or 973.625.5628
DIRECTIONS TO WORKSHOPS: When you register for a workshop you receive directions to the training site with the confirmation letter two weeks prior to the workshop date. However, if you would like to check the directions before you sign up, please visit our website at http://socialwork.rutgers.edu/ce/.

WORKSHOPS BY LOCATION AND DATE

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### Workshops Offered in Central Jersey – Brick

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### Workshops Offered in Central Jersey – East Windsor

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| Attention in Different Directions: Is ADD Really a Deficit Disorder?      | October 21, 2009            | 15    |
| Suicide Bereavement: Impact on the Family and Therapist                   | November 2, 2009            | 10    |
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| Advanced Care Planning                                                    | December 1, 2009            | 18    |
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### Workshops Offered in South Jersey – Glassboro

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| Masked Depression in Men and Boys: Treatment and Suicide Prevention       | October 16, 2009            | 13    |
| Beyond Diversity Day: Understanding How Teens Develop Racial Identity    | November 13, 2009           | 10    |
| The Psychology and the Spirituality of the Twelve-Step Program           | November 17, 2009           | 12    |
| Ethical Issues in Social Work Practice                                   | December 4, 2009            | 11    |
TIMES
All workshops are held from 9:30 a.m. to 3:30 p.m. unless otherwise noted.

CLOTHING
Please wear layered clothing as room temperatures can vary throughout the day. Note: We have recently installed new state-of-the-art heating/cooling systems in our Piscataway training rooms.

CEH APPROVAL
All workshops are approved for 5 continuing education hours (CEH), unless otherwise noted, by the:
NJ Board of Social Work Examiners
NJ Dept. of Education (approval code 1965)
Pennsylvania State Board of Social Workers, Marriage & Family Therapists, and Professional Counselors
National Board for Certified Counselors (provider 6389)

APPLICATION AND ENROLLMENT
Register online or complete and return the registration form in the back of this brochure (make a copy for your records). The deadline for registration is 12 working days prior to each workshop. You will be notified by telephone, email, or mail if the workshop is full and you have been closed out or if the workshop is cancelled due to insufficient enrollment. Confirmation and directions will be sent to you one to two weeks prior to each class.

REGISTRATION FEES
Registration for the educational activities listed in this announcement is on a first-come, first-served basis. Payment must accompany the registration form. If the fee is to be paid by an agency, an official letter, in duplicate, from an executive or fiscal officer guaranteeing payment must accompany the application. Registrations received without payment or voucher will be returned. See workshop descriptions for applicable fees. We will address any accommodations on a needed basis.

CANCELLATIONS
Cancellations more than five working days before a workshop will result in either a transfer to another available workshop or a refund less a $25 cancellation fee. If you withdraw from one or more workshops at the same time, the cancellation fee will remain $25. However, if you withdraw from workshops at different times, you will be charged $25 for each cancellation. Cancellations made less than five working days before a workshop will be credited with transfer coupons redeemable within the next 12-month period. Coupons cannot be exchanged for a refund. If you do not show up on the workshop day without informing us, no restitutions will be made. If no notification of cancellation is received, the entire fee is forfeited. When we cancel a workshop due to insufficient enrollment, no penalties apply.

WEATHER NOTICE
When your workshop is in Piscataway, you can go to http://campusstatus.rutgers.edu to check if Rutgers University is closed. You should also call 732.445.3178 and listen to the recorded message, because sometimes our classes will still be held. When your workshop is off-site, please call the location to see if it is open (the phone number is included in the directions you receive from us). You can also go to our website http://socialwork.rutgers.edu/iff and find contact information there.

RIGHT RESERVED TO CANCEL OR MODIFY
The University reserves the right to cancel or modify any workshop listed herein for any reason.

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REGISTRATION FORM

Please print clearly and make a copy for your own records

Note: Online registration preferred at: http://socialwork.rutgers.edu/ce

Name (as you would like it to appear on your certificate): ________________________________________________________________

Home Address (Street): __________________________________________________________________________________________

City: ____________________________ State: __________ Zip Code: ________________________________

Home Phone Number: (______) __________________________ Email Address: __________________________________________

☐ Please check here if your address has changed since your last registration.

Employer or Agency Affiliation: __________________________________________________________________________________

Work Setting (e.g. hospital, school) ________________________________________________________________________________

Population Served: ______________________________________________________________________________________________

Business Address (Street): _________________________________________________________________________________________

City: ____________________________ State: __________ Zip Code: ________________________________

Business Phone Number: (______) __________________________ Business Fax Number: (______) __________________________

Email Address: ____________________________________________ Highest Degree Earned: _________________________________

COURSE # (please print) COURSE TITLE DATE FEE
1. _______________________________ ____________________________ ____________________________
2. _______________________________ ____________________________ ____________________________
3. _______________________________ ____________________________ ____________________________
4. _______________________________ ____________________________ ____________________________

If you are planning to register for more than 4 courses, please add a separate page with workshop numbers, titles, dates and total fee.

Registrations taken on the day of the workshop in Piscataway only. Call first for availability.

Discounts — Please check:
☐ If you register for 3 or more workshops, you are eligible for a 10% discount. Deduct this from total amount, then fill out total.
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☐ Coupon: Please attach voucher or field instructor coupon.

Discount, if applicable (Please note: Only ONE discount can be used): __________

TOTAL __________

Method of Payment: ☐ Check ☐ Voucher ☐ VISA ☐ MasterCard ☐ Discover

Signature ________________________________________ Credit Card #: ____________________________ Exp. Date ________/____

Make checks payable to Rutgers, The State University of New Jersey. Check, voucher, or credit card information must accompany registration. Registrations received without payment or voucher will be returned.

Send all materials to: Institute for Families, Office of Continuing Education
Building 4161, Livingston Campus
Rutgers, The State University of New Jersey
100 Joyce Kilmer Avenue, Piscataway, NJ 08854-8045

For additional information or brochures call 732.445.3178 or fax 732.445.0580

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Single Workshop or Certificate Program? You Decide
All workshops in the catalog can be taken individually. Just sign up for any workshop you want. If it is part of a certificate program, we will automatically apply your attendance toward the appropriate certificate. You can track your progress on our website.
with John A. Tuell, Child Welfare League of America
Moderated by William Waldman, Rutgers School of Social Work

Presented by the Institute for Families at Rutgers School of Social Work

This presentation will focus on the insights and analyses of evidence based practices and its relationship to current challenges and opportunities here in New Jersey. While at the CWLA, Mr. Tuell developed a four phase training and technical assistance process to assist state and local jurisdictions in accomplishing the goal of producing a more coordinated and integrated child welfare and juvenile justice system.

Date: Wednesday, December 2, 2009
Time: 9:00am—1:00pm
CEH: CEHs for Social Workers, Lawyers, and Professionally Licensed Counselors (non-clinical)
Location: Busch Campus Center, 604 Bartholomew Rd, Piscataway
Parking: Free Parking
Registration: FREE, limited and required!
Visit http://socialwork.rutgers.edu/ce

Questions?
Call 732-445-0512 x 199.

*This is the second in an annual series of symposia the Institute for Families has planned to highlight social justice issues in New Jersey and provide guidance and support to the field on potential remedies.
Striving to make the world a more humane, just, and equitable place . . .

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School of Social Work

Our mission is to provide support and improve opportunities for individuals, families, and communities by building the capacity of human service professionals and organizations.

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