From points north: Take Exit 102 off the Garden State Parkway, bear right onto Asbury Avenue, (you will pass under the Garden State Parkway). Make your first right onto Essex Road. Seabrook is 1/4 mile on your left.

From points south: Take Exit 100-A off the Garden State Parkway onto Route 66. Make your first left onto Jumping Brook Road.*

From Route 18, Route 35, and points east: Take Route 66 west, turn right onto Jumping Brook Road.*

From points west: Take 33 east, continuing onto Route 66 east for about a mile, and make a left onto Jumping Brook Road.*

*Take an immediate left onto Essex Road. Seabrook is 1/2 mile on your right.